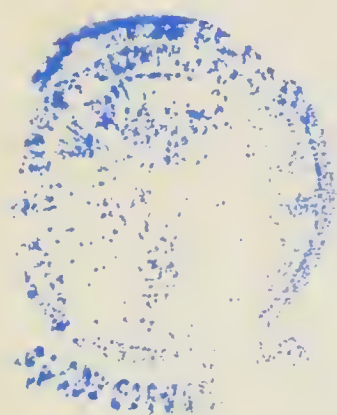




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Colonel Willis Hesser Bird

30 May 1909

—

22 May 1991



With the Compliments

(แบบ ค.)

หมายเลขรับสั่งที่ ๒๐๓๖๗

ตำนานพระราชนว

๒๗ มิถุนายน ๒๕๓๘

พระราชทานเพลิงศพ พันเอก วิมลสิส เอช. เบิร์ก ท.ช. บุคคลผู้ทำคุณประโยชน์
ณ ฉายาปณสदानวัคมกุฎกษัตริยาราม กรุงเทพมหานคร

วันอาทิตย์ ที่ ๒๑ กรกฎาคม ๒๕๓๔ เวลา ๑๙.๐๐ น. พระราชทานเพลิง

คณบดี/พิมพ์/กมล / ทน.

วัน	หน้าที่ พนักงานพระราชพิธี
	นำหมายเวียน เจ้าภาพศพ พันเอก วิสสิส เอช. เบิร์ก เพื่อทราบ เครื่องพระราชทานเพลิง และเจ้าพนักงานผู้ใช้น้ำ เจ้าภาพไม่ทองเสียค่าใช้จ่ายอย่างใดทั้งสิ้น.

ทั้งนี้ ให้จัดการตามหน้าที่และกำหนดวันตามรับสั่งอย่าให้ขาดเหลือ ถ้าสงสัยก็ให้ถามผู้รับรับสั่ง
โดยหน้าที่ราชการ

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ผู้รับรับตั้ง

(Translation)

Royal Order Number : 10367
Bureau of The Royal Household
Dated the 27th of June 1991

His Majesty King Rama IX has bestowed upon Colonel Willis Hesser Bird The Royal Patronage Cremation for His unselfish contribution to Thailand. This Cremation to be held at Wat Mongkut Kasattiyaram, Bangkok, on Sunday the 21st of July 1991 at 17:00 hours.

This Book is dedicated to the memory of

Papa

With love from

Barbara

Carole

Billy

Ginny

their Families

his beloved Wife

Chalerm Sri

and all that had the honor and pleasure
of knowing Him



Colonel Willis Hesser Bird was born at home in Philadelphia on the 30th of May 1909 at 7:15 A.M. He was the youngest of the three children and the only son. His eldest sister, Pearl, still lives in Philadelphia, while his other sister, Ruth, died at a very young age.

His mother, Jennie, was a homemaker and his Father, Alfred, managed a coal yard office.

Willis attended local schools in Philadelphia. During his teen years he was very interested and involved in the Boy Scouts. He became an Eagle Scout in his late teens which is the highest rank and achieved by very few in Scouting.

He had to drop out of High School to help his Parents financially, which in those days was not unusual. His sister, Pearl, did the same.

He worked at various jobs, one of the first being with a car dealer and later went into Banking. After a short Banking experience he joined Sears Roebuck and Company in his early 20's. He spent fourteen years with Sears in executive positions mostly in the Financial end, and for the longest period was in charge of Finance for the East Coast of the United States for this Company as well as affiliated Companies.

It was in the Sears Stores in Upper Darby, Pennsylvania where he met and courted Florence Genenbach, who was working there at the time. They were married in 1933 and had a daughter, Barbara, in Weehawkin, New Jersey in 1935, where he was stationed at the time. Florence died in July 1941 and Barbara went to live with relatives in Detroit while Willis continued to work and live in Camden.

On a cruise given to him by the employees, Willis met and subsequently married Nela Arias Garcia who was living in Cuba after leaving Spain during the revolution. Barbara returned to live with the Family and Carole was born in August 1942. It was during this time, early World War II, that he was one of the Executives being recruited in the Sears Stores. Willis was assigned to the Office of Price Administration as Deputy in the office of Rubber Rationing. After six months in this position he was requested to take a special overseas assignment for the Secretary of War's Office. He was at once commissioned a Captain and made a Major one month later. Soon after he was posted to India. At this time his Family moved to Sarasota, Florida. After six months of duty in India, his assignment was completed. O.S.S. requested for his services for the South East Asia Command. The request was granted and he was assigned to O.S.S. as Deputy Chief of Detachment 404, in charge of personnel, administration and Supplies. In this position he received a promotion to Lt. Colonel in 1943.

When General Wedemeyer was transferred to China as Commander-in-Chief, he requested that Willis be assigned to the O.S.S. Unit in Chungking, China as Deputy Chief in charge of Planning and Liaison. After the War in Europe ended, and the invasion of Japan by U.S. Forces appeared imminent, Willis was sent to Yennan Province along with a U.S. Interpreter for a secret conference with the Chinese Communist Leaders. The purpose of the conference was to ask the Communist to assist in the planned bombing of Japan in preparation for the invasion. The Communist were asked to assist downed U.S. aircrews who would ditch their aircraft or parachute into the sea or on land along the China Coast opposite Japan. The Communist controlled much of this area. Willis was well received by the Communist Leaders including Chou En Lai, Marshal Chuteh and Mao Sae Tung. They agreed to assist in the effort, and later some fliers were rescued through this effort. Willis received a Legion of Merit for his work in this position.

Shortly before the end of the War in Asia, Willis was given Command of the Second Korean Independence Army which was fighting for the Independence of Korea after the War. This Unit had been given a High Priority secret mission to establish intelligence and rescue nets into Korea. These activities were considered highly successful, and Willis was awarded the Soldiers Medal for Valor for his work in this assignment.

When the War ended Willis received orders to disarm this Korean Army, and order them to make their way back home by whatever means they could. Willis knew this would be in effect sentencing most of these men to death after they had already assisted the U.S. at great risk. Willis decided to act as if he had received the orders too late to comply, and he told the Koreans to return home with their weapons. He also gave them fifteen thousand dollars in gold, which was all he had, to buy food along the way. The Korean Unit managed to return home, and the Commanding General Lee Bam Sak became the first President of Independent Korea before Singman Ree returned to become President. Lee Bam Sak then became the Korean Ambassador-at-large. On a subsequent visit to Bangkok he thanked Willis profusely for his assistance in getting back to Korea with his troops.

After Willis returned to the U.S. in 1945 he was asked to go to the Philippines to assist in disposing of surplus war supplies. This assignment lasted for one year. By this time Willis decided that he liked the Far East so much that he would stay rather than returning to his former position with Sears in the U.S. He left the Services as a Colonel. His rank is still held in the Army Reserve Force.

He went back to Thailand, being very impressed with the Thais he had met during and after the War, and opened his first business in Bangkok in 1947. After fifteen

months in Thailand, he met and married Clalernsri Savetasila, the youngest and most beautiful daughter of Phya Vanapruk Picharn, and had three children, Billy, Ginny and Bob.

During the War a large portion of the Thai gold reserve was moved to Japan. The Thai Government was having great difficulty in getting this gold returned to Thailand. Willis was approached by a Thai Official, a General Narong, who asked if Willis' office could assist in this matter. Much work had already been done by others to assemble proof that this gold did indeed belong to Thailand. Through his former U.S. Military Associates, Willis was able to expedite the process at a time when Thailand badly needed to have the gold returned.

In late 1949 after the Chinese had won control of China and prior to the start of the Korean War, Willis became worried about the intension of the Chinese Communist regarding Thailand. It appeared to Willis that Thailand was in grave danger because Thailand as very weak Militarily, and the United States had no existing administrative apparatus through which military assistance could be channelled quickly. Willis began to discuss this problem with some of his Thai friends. As a result an informal committee was formed. This Committee was called the Narasuan Committee, and Willis was asked to be a member to give the benefit of his wartime experience in paramilitary planning. It was also hoped that because of his wartime association with the U.S. Military Forces, he could somehow help find the equipment and personnel needed to help Thailand prepare to defend itself against possible attack by the Chinese Communist. The membership of this committee included General Sarit Thanarat, General Phao Siyanond, General Thanom Kittikachorn, Air Marshal Fueng Ronnaphakat, Admiral Chamnan, General Phra Pinit and others who were invited to sit in when matters of special interest to them were discussed.

Willis contacted some of his former associates in O.S.S., and they sent an observer to Bangkok to discuss the problem. The Committee was able to convince the observer of their serious desires to prepare to defend Thailand against Communist aggression which appeared to be a real threat. Since the requirement for some sort of military preparations was urgent they could not afford to wait for some sort of official agreement which would have taken at least a year, or more, to implement an official solution to the problem.


It was decided that a company would be formed in the U.S. and that his company would be contracted to get a program underway very quickly. The Southeast Asia Supply Company, better known as the SEA Supply Company, was formed in Miami, Florida and the Willis H. Bird Inc. was appointed as General Agent for SEA Supply in

Thailand. Through this organization the supplies, instructors and other necessities were rushed to Thailand to get the program underway.

The Erawan Training Camp was opened in April of 1951 to train personnel from the Police Department, the three Armed Services and civilian Officials from the Ministry of Interiors were given training to prepare them to organize the people in the countryside to wage Guerilla Warfare against any superior invading force. Police and Army graduates from this school were later used to form the Police Parachute Unit, the Border Police and the Royal Thai Army Special Forces.

As the Narasuan Committee's work became more important, the U.S. officials believed that the Committee should become an Official Body. Since Willis was neither a Thai nor a U.S. Official, he reluctantly retired from the Committee. Willis had spent three years serving on this Committee, and the Royal Thai Government awarded him with the Order of the White Elephant, third class, in 1955, for his services. Willis never sought nor received any publicity nor financial reward for his three year service to Thailand and the U.S., but in fact he suffered severe financial losses during this period because he did not have enough time to devote to his business.

For the remainder of his life, Willis was very proud of the fact that he had been able to serve both Thailand and the United States during a periods when they needed his assistance.





His First Bulletin

FROM: Willis H. Bird, also known as Bill, Will, Bird, Birdie, and in some circles (British) Dickie.

TO: Those few friends left.

SUBJECT: Bulletin Number One to take place of letters unanswered, Christmas Cards, New Year Cards, Valentine Greetings, Fathers Day Cards, Anniversary, Birthday, Graduation, Wedding and Divorce acknowledgements unsent.

As long as that Zany Pinky Walsh has not copyrighted the idea, it looks as though a Bird Bulletin is going to be published every now and then or else lose those few hardy friends left.

From the looks of my mail (unanswered) it would seem that in some fashion the word has spread that I have inflicted my presence on Siam. A few have been unkind enough to suggest that I had to come this far to find a place where my reputation has not preceded me. To anyone knowing me slightly, that is libel of the worse kind; to those knowing me well, you can go to . . . with your evil thoughts.

To bring this up to date quickly 1942 was spent in various parts of U.S.A., mostly Washington and Kentucky, 1943 in assorted parts of India and Ceylon, 1944 Ceylon and China, 1945 China with a fast tour of United States, England, France, Italy, Greece, Egypt, India, Ceylon and back to China again, just a fast trip to Korea and then U.S.A. in latter 45. After a couple of months took, back to the Philippines for 46, and then the end of 46 found me packing for Siam, the first civilian venture since what we now call World War II, the veterans of which are now dodding old grey-beards, bringing their uniforms gently out of mothballs each fourth of July to see how much less they fit.

Without exception everyone says, but why the devil Siam! To all I can only answer that after a careful study of world conditions, an analysis of financial trends, and quiet reflection on social and economic values in the Far East, it was decided that the only place in the world where a guy with \$5.00 cash money and a lot of gall had a chance of survival was Siam. This prolonged study was aided and abetted by an off-chance remark of a pilot that he was on his way to Siam and would give a free ride, even though by this time I had five trunks. You all of course see the logic of my profound deductions.

To the many of my older friends who think this all out of Character with the conservative plodding individual that was willing to sell his undoubted talents to any large corporation willing to pay a small fraction of what this same individual thought his talents worth, I have only this to say; the many miles of airborne travel I had during the uncertain years, with unknown Pilots of a mature age of nineteen, in beaten and battered c47 and 46 planes, over the most unattractive Peaks and Services in an unattractive land, did something to the thing I call a mind. It has made me feel

protected and sponsored by an unknown force that holds me up with an invisible hook through the seat of my pants and will not let me fall very hard. There are certain secret rules to be followed, to keep this hook, like working each day at least ten hours, but if the rules are followed all will be well if living in Weehawken, Landsdowne or Asoke Lane, Bangkok, Bangkok.

Keeping my invisible friend well in mind, as soon as I arrived in Siam I open an office, hired a large staff I couldn't afford, rented a swank home not in keeping with no income, staffed it with servants and waited one full day. Sure enough before the next day rolled around I was making expenses, and that has been going on for almost two and half years, with certain modifications such as larger offices and larger staffs.

To really get in the big time we have been waiting for our guardian to deposit a Mr. Moneybags in our laps, but although this slight favor has been denied us we are still hopeful and not standing still waiting for him.

In case you wonder what in the world anyone would sell here it might be of interest to state a few things we bring in from America: Glass containers of all kinds, Wine bottles, whiskey bottles, soda bottles, food jars, medicine bottles, cosmetic jars, biological glass such as serum vials etc; then glass tumblers of all sizes and shapes and decorations, flat glass such as plate and window, that is all of the glass items; then closures for bottles of all kinds; fruit concentrates, essential oils, spices (yes to Siam) insecticides for house, garden and farm, special fertilizers, some chemicals, milk, cream and whipping cream, American Beer, American Whiskey, Scotch Whiskey, Ice Plants and their component parts, Tear Gas for Police, Navy and Army, Steel Strapping and seals. The foregoing is our usual line. Sometimes we get afield and do this and that, but mostly we stick to the regular items on which we have built up a clientele.

Then we ship from Siam dirty old cattle bones, only they aren't dirty and not old. We have a little factory here where we process them for the States and if you don't know what they are used for we ain't going to tell you, also Kapok, Bamboo, and Tapioca Flour of commercial grade for glue.

All of the above requires much supervision of this one WHB, which is one reason why letters go unanswered. Our regular mail that pays the rent runs about 100 letters a week, all of which must be written by me, damn it, and the one big shortage in the country is stenographers, especially those that can take short-hand in English. A real secretary is priceless, in Siamese money anyway, and there can't be more than ten in the entire country.

As a place Siam is real nice. The climate of course is tropical, but our so called winters are like spring, while summer is like Washington D.C., almost. Many Siamese find it difficult to face a Washington summer. The Siamese people are entirely unlike any other Far Eastern area. They have never been a colony and therefore like the white people. In fact they think we are almost as good as they are, although conceding our

lack of background. The dress is mostly western, with some old Siamese thrown in. The classical Siamese dress is beautiful, with wonderful silks. The silk industry had almost died out here, but since the end of the war has been revived by a fine American name Jim Thompson. The weaving is almost all done up-country, and it is all done by hand on family looms. The colors are out of this world. He has shipped much of it to New York where it sells for the slight sum of \$25.00 a yard and upwards, with more orders than he can handle.

Were you to go to one of the large Dances here, you would feel right at home, the clothes would be similar, most of the people would speak English and the Band would play American music for the most part with several Siamese Ramwongs. The Ramwong is Siamese modern dance that is better seen than described. All the Foreigners go crazy about it, but as some of it is done with the hands we don't look very graceful. The Siamese have beautiful hands, most expressive and the fingers can be bent backwards to almost touch the wrists.

The poor Siamese people of course do not dress Western style, but the men usually wear shorts and shirt, while the women wear a sarong-like skirt with shirtwaist. Few if any Siamese are really hungry. The food is plentiful, with the staple being rice. They ship out almost one million tons a year that is surplus to their needs, and rice in the country is very cheap considering prices elsewhere. It runs about \$0.03 cents a pound, compare that in your local grocery store. Few Siamese are fat despite the diet of rice, and most of them have fine looking bodies. It is hard to tell a woman's age and many at 45, I would guess at 30 at the most if I didn't know better. The men likewise keep well, and you may meet one of the Siamese Embassy delegates and think he is just a boy. He will probably be at least 40, and maybe more. As an example, Siamese boxing is very rough. It makes our International style look like sissy stuff. Here they use elbows, feet, knees, rabbit punches and really go to town in their five rounds bouts. Many foreigners cannot stand seeing it and few are not impressed. However, the best boxers they have are in their forties and have been at it for years. When our boxers are 35 we think of them as old men.

One thing that is almost forgotten by us here are the wonderful fruits and flowers we have. The fruits as well as the flowers change with the seasons so that you never get tired of them. We lack oranges, peaches, apples and pears, but for every one thing we lack we have about ten others to make up for it. We do import oranges and apples but the prices put them in the luxury class for sure. Vegetables are good although some things like corn are inferior. We recently started a program of planting Golden Bantam and Country Gentleman Corn and it went quite well, but it is not available all the time. Speaking of food, first class beef sells for about 18 cents a pound here, try that our for size on your butcher. Ice cream is not very good, but we make our own with Avoset Whipping Cream, and if you really want a taste treat have your Number One Boy, pardon me, I mean your chief cook and bottle washer duet off the old freezer and try that yourself. (No extra commission from Avoset for plugging their Whipping Cream long distance.)

We have a sort of summer resort people go to during the season when the prickly heat gets too bad. It is on the Gulf of Siam and quite nice. There is always a breeze and the bathing is not too bad. Should you wish you can also go to the mountains in the North of Siam. This is much less expensive, and therefore less fashionable.

Aside from Rice, Siam ships a great deal of Teak, Tin and Rubber. In the Arts they are famous only for their Silks and Silver Ware. The average Siamese is quite artistic and can and does take two flowers and arrange them so they look like a prize winning exhibit. In the Siamese Theater it is acknowledged that they can do more with one piece of tinsel than an American highly paid scene designer can do with an entire setting. They just have it naturally.

One thing lacking here are what we know as capitalists. Venture capital is hard to come by, and it has forced the Government to go into many things in the industrial line that makes people feel that they are a bit socialists. The truth is that private persons do not go into those things because they do not understand them. Companies are started with capital as much as \$50,000. Over that amount you will find them shy off. The persons with money usually have it in large agricultural tracts that have been in the family for years and years, as well as owning large blocks of real estate. Some day a smart American Company will wake up to the opportunities here, but it will take time as Siam is just being discovered by United States, and the British haven't told them what to do about it yet. One thing we can get here is all the Dollars we need in a free and open exchange. The only thing is the British Pound is selling at around \$3.00. This difference in exchange makes the British goods cheaper than American, providing they can supply it, and causes no little bitter comment by we few that are bucking this competition. They are using this same \$3.00 Pound to buy textiles in Japan where it is accepted at \$4.03. Americans of course cannot use Pounds Sterling to buy the same goods. Sometimes I think we are not quite bright, and many people in the world are happy that is so.

You probably have read something of Bangkok as a place. It is noted for Temples, as well it should be. The area taken up by Temples is estimated at one fifth the area of the City. The City itself is spread all over hell's half acre. It is quite large. The population of Bangkok and Thonburi (our Brooklyn) across the River is only a little over one million. The whole country has eighteen million of which four million are Chinese. As usual in the Far East the Chinese are the merchants except in cloth. The Indians have the cloth business in their hands. Siamese were mostly trained to act as administrators and professional people and trade is not their long suit nor is industry. Of course you must take into consideration the fact that sixty seven percent of their population is in the rice growing business and that takes a large parcel of their man power right there.

One thing that impresses strangers is the large number of canals in the country and city. Most of the transportation of the country is by canals and they crisscross everywhere. In the old days even the Banks had to be on the River as deposits were made from boats. Now of course in the city everyone uses cars, with American cars more in evidence than ever before. We have about 10,000 cars in Bangkok.

As soon as one leaves the city you find old time Siam. Few modern improvements have gone outside the city, but still the people are very happy as they have always been, and have plenty of food. They just do not even want many of the things we consider essential. Roads for the most part are not good, although they are possible to many areas. The railroad service used to be very fine, but the Japs took some of their stuff and other units were blown up during the war and it is taking time and money to get straightened out. Siam has not had the large loans or grants from the States as most of the countries here have had, and it is a wonder that their economy is as good as it is considering everything.

To a fresh visitor it might seem as though Siam is dirty. By standards in our first line cities it is. By standards in other parts of the Far East and some small towns in United States it is clean. The people bathe much more than we do as a rule, and the process of bathing and washing clothes seems to go on and on.

Houses are fairly nice though getting expensive. The Siamese liked nice homes and in the last twenty years have built many fine houses that are now being rented out to foreigners in order to help out the income. The older homes are too large as the Siamese had large families, many wives, children, servants and hangers-on living with them. The richer they were the more of each. There was no such thing as a Siamese Orphanage, as children would be absorbed into a home without a thought if their parents passed away. Or if a family in North Siam wanted their children to have a better education than local conditions afforded they would just send them to some friend confident that they would find a happy home for the duration of their education. The other children call them brother and sister all their lives and it is hard sometimes to straighten out relationships should you think it important enough to do so.

A Man may have as many wives as he can afford. Only one may be a registered wife, but all the children are legal and the number two three four etc wife is regarded with as much respect as the number one. Such wives are usually taken over a period of time and are in steps and stairs in age. A man forty may have his number one of forty, number two thirty five, number three twenty six and number four eighteen. It is said to keep a man young and I don't believe in going against customs, some customs anyway. On the other hand many only have one wife at a time and divorce to marry another as we do.

Bangkok is rapidly becoming a crossroad of the world. All the major airlines stop here, and most passengers try to get a few days here to look around. Then FAO and ECAFE have set up Far Eastern Headquarters here and that is drawing more and more people in. Bangkok being so small Townish in many ways it is always certain that you will meet these visitors. Touring Politicians, Artists, Journalists, Business men, Bankers, all come here. Most of them we meet, many we have to dinner, so we stuck way out here sometimes get fresh viewpoints as to what is going on in the world. At times we get too many visitors and work suffers.

The social life is rather on the dull side aside from the visitors. Someone is always giving a cocktail party or dinner, and if you were so minded you could be going all the time. At my advanced age (look at yourself) I cannot take it in this climate and still do my full ten hours the next day. To most of the residents working for Governments or large Companies this is not a worry, and a five hour day would kill most of them in short order. There are two night clubs in town, neither good (I own part of one) two large sports club where racing is the main event, with Tennis and swimming coming in second, a Polo Club, and assorted small clubs for this and that. I belong to all of them for the hell of it and seldom find time to go to any.

Siam was an absolute monarchy until 1932. Then it became a constitutional monarchy. There still isn't much that is democratic about it, as it is run by a very few people. Elections are held but few people gave a damn about who is in or out, as long as their pocket book is not hurt too much. Whoever is in had better give cheap rice and duck eggs and beef to the people, and there it is ended as far as they are concerned. On the other hand small groups of the educated mass are always either in power or trying to get in power, and at times the Army sides with one faction and then another so we have what we fondly or otherwise call a Coup d'etat, or attempted Coup. The bad part of it is that people sometimes get hurt or at the very least in jail for long periods, and as it is such a small place you always know the ones involved and keep getting emotionally upset over each attempt. The sooner this aspect of Bangkok life is over the happier I will be.

For the most part I find the Siamese a very pleasant people and most of my social life is spent among them. My business life is among the Chinese. Some Americans mostly the type that are here for one year or so in some Government job or as clerks for large companies, seem to think that a few of us spend too much time with Siamese and should spend our spare time with Americans. I have nothing against a policy as such, but, if I really just want to be with Americans I will come back to my real friends in the States and not take pot luck with the assorted lot that turn up in foreign countries, where the few in number does not permit being choosy. There goes the little remaining Philadelphia streak showing up again.

Probably the best thing about being in the Far East business is that things that would be routine in the States have a certain glamour here. Selling Glass Bottles to a distillery in the States would be very dull, selling them to a Chinese Distiller of fine old whiskeys (average age three days) is a horse of a different color. That takes skill and the entire proceedings take in a different tone. And when you hear the word go through town by grapevine that you are a reliable man to deal with, it gives a hell of a lot more thrill than would a Dunn and Bradstreet rating of AAA 1. I suppose that just proves there is a certain amount of ham in all of us and I got an overdose.

Another thing that it would be hard for my unanswered friends to believe is that our old friends in the States take on a terrific luster, and much wonderful day dreaming is spent thinking how much fun it would be to have Bill, Gus, Harold, Warren, Geneva, Elise, Park, Don, Ruth, Paul, Dick, Guy et al etc., here to take out, show the sights, throw parties for and spend hours with "do you remember the time" sort of business. Here our friends back home are very real, Stateside I know things move too fast to spend much time wondering about wandering Boys.

Anyway I hope that this effort which took an entire Sunday from my weekly rest answers at least half the questions I've been asked and stone for my lack of material evidence that I still think of you all, and wish you were here, as the post card says. Do forgive and consider that horrible one hundred business letters with no secretary, that I am forced to write each and every week, have pity on my poor state of affairs and write me when you can without promise of other than much enjoyment by me in reading your most welcome news from home.

So endeth Bulletin Number One.

With the kindest of personal regards



Willis was also very poetic, it seems!
Not only beautifully written, but,
so true.

"PRESS ON: NOTHING IN THE
WORLD CAN TAKE THE PLACE
OF PERSISTENCE. TALENT WILL
NOT; NOTHING IS MORE
COMMON THAN UNSUCCESSFUL
MEN WITH TALENT. GENIUS
WILL NOT; UNREWARDED GENIUS
IS ALMOST A PROVERB. EDUCATION
WILL NOT; THE WORLD IS FULL
OF EDUCATED DERELICTS. PERSISTENCE
AND DETERMINATION ALONE ARE
OMNIPOTENT."



Willis and Pearl, 1912



Boy Scout, 1921



Eagle Scout, 1922



A game of tennis anyone?
1922



With Mother in front of their Home, 1922



His mother, Jennie



Holding Barbara, 1935



Florence's sister, Pot, with daughter, Patsy, Florence and Barbara, 1937



Wife, Nela, holding baby Carole.. and Barbara in New Jersey, 1942



With 'The Boys' in India, 1943

This is to certify that Willis H. Bird, Lt.Col.
is an official representative of the COUNTER-ESPIONAGE BRANCH,
Office of Strategic Services, and as such:

He is authorized to be in any place, in any dress, at any time, in
the performance of his duty.

He is authorized to travel in any manner.

He is authorized to bear arms at all times.

He is authorized to exercise all POLICE POWER conferred by AR
600-355 which is necessary to the proper performance of his duties.

All persons subject to UNITED STATES ARMY LAW are enjoined
to give him every assistance in their power, and all others are request-
ed to give him all facilities to carry out his mission.

Signed for and on the behalf of the COMMANDING GENERAL:
No. 10 U.S.F., C.T.

EDWIN O. SHAW

Adjutant General

Date of birth: Mar 30, 1909
Eyes: Hazel Hair: Brown
Height: 6' 1/4" Weight: 185



Right Thumb Print



April 7, 1945
Date Issued

Willis H. Bird
Signature

IN THE EVENT THIS FOLDER IS LOST, FINDER WILL
PLEASE RETURN IT TO THE NEAREST UNITED
STATES ARMY HEADQUARTERS.



With Sgt. Jack Pennick, 1943



Freeing POW's in Korea
1945



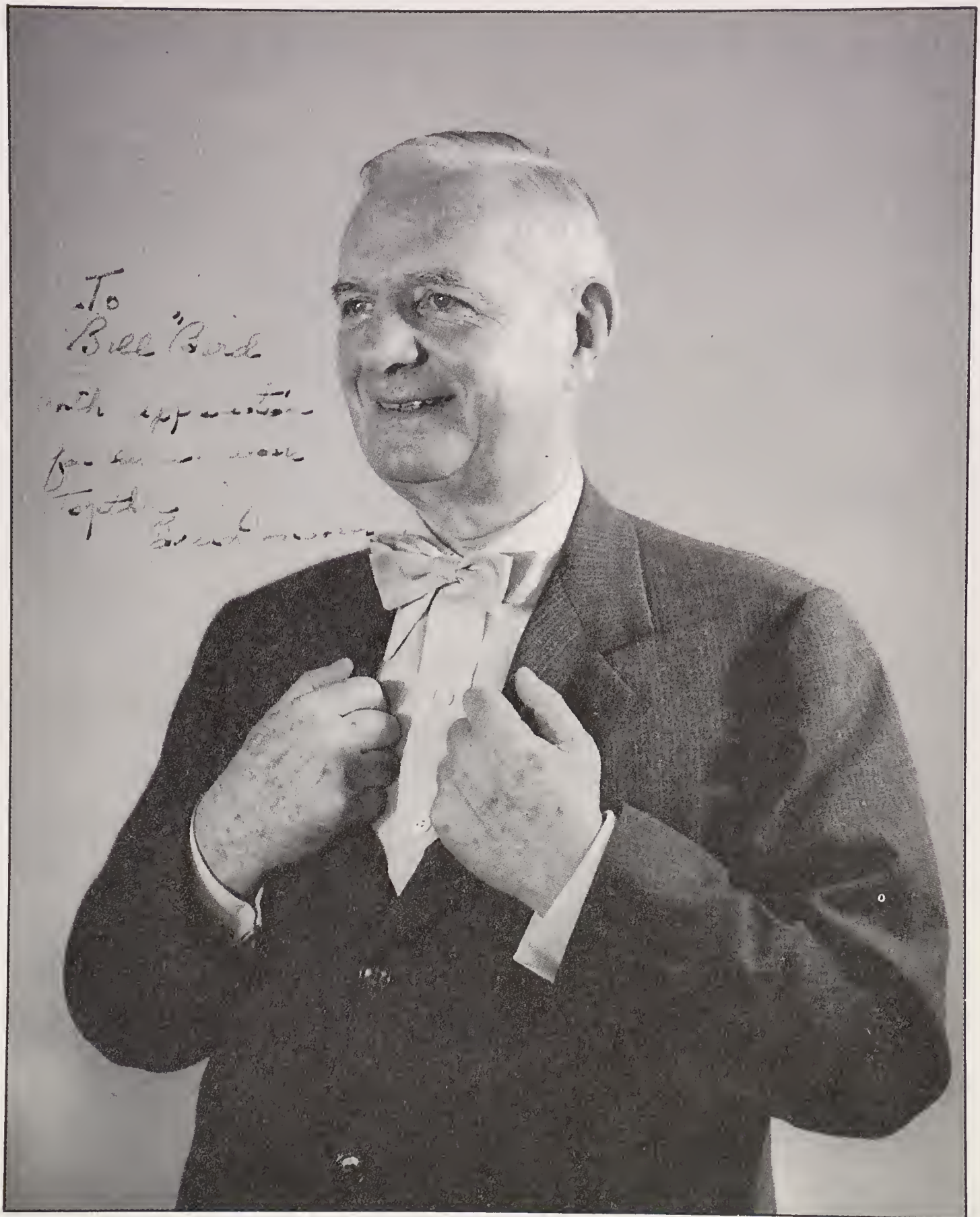
Congratulations!

C I T A T I O N

LIEUTENANT COLONEL WILLIS H. BIRD, O 912 411, Ordnance, Army of the United States, is awarded the LEGION OF MERIT for exceptionally meritorious conduct in the performance of outstanding services during the period from 15 December 1944 to 19 May 1945 when he served as Deputy Strategic Services Officer of the Office of Strategic Services in the China Theater. On this assignment he was located in Chungking, China, with the mission of maintaining liaison for the Office of Strategic Services with the Commanding General, United States Forces, China Theater, and with the members of his staff; and further with the mission of supervising all of the top echelon liaison with high American, Chinese and other Allied agencies in Chungking. With tact, diligence, perseverance, sound judgment and initiative, he materially aided the Office of Strategic Services to contribute its resources to the strategic planning and tactical operations of the Armed Forces of the United States and China in this Theater. The achievements of Lieutenant Colonel Bird reflect great credit upon himself and upon the Armed Forces of the United States.

C I T A T I O N

LIEUTENANT COLONEL WILLIS H. BIRD, O - 912 411, Ordnance, Army of the United States, is awarded the SOLDIER'S MEDAL for heroic actions during the period 16 August 1945 to 19 August 1945, when he was Commander of a Prisoner of War Humanitarian mission to bring aid and comfort to Allied Prisoners of War held in captivity by the Japanese in Korea. Lieutenant Colonel Bird's courage instilled enough confidence in all concerned to fly the dangerous mission in a C-47 plane whose range permitted only a one-way trip. Intelligence of riots in the objective area aborted the mission on 16 August 1945, after the team had flown half-way to the target. On 18 August 1945, with great show of courage and determination, Lieutenant Colonel Bird again ordered his mission to proceed, broadcasting at fifteen-minute intervals from the plane to the Japanese base boldly advising of landing intentions. This attempt at contact was successful only when the plane, because of shortage of gasoline, was committed to a landing. Through his American interpreter, with tact and coolness, Lieutenant Colonel Bird stated the purpose of his mission to the Japanese general officers present. Such request evoked amazement and polite all-around refusals. The Japanese declined to guarantee the mission's safe conduct status and insisted on immediate departure. No suitable fuel being available for the plane, the trip had to be postponed until the following day. Confined for the night to a barracks under close surveillance, Lieutenant Colonel Bird and his party were in imminent personal danger. Further discussions proved fruitless in the face of the mounting threat of the Japanese irritation. Amidst obviously increasing hostility, the mission boarded their plane with insufficient fuel to return to its base, and departed for Weihsien Field, Shantung Province, which was still in Japanese hands. Lieutenant Colonel Bird's cool judgment, exemplary courage and fine diplomacy inspired his entire team. His achievements in the face of great odds reflect the highest credit upon himself and the Armed Forces of the United States.



Bill Donovan was his Boss, his Friend... Willis loved this Man



Willis' good friend, General Chennault



...another very good friend of Willis, Maj. Gen. Wedemeyer



In Northern China, 1945



3 January 1946



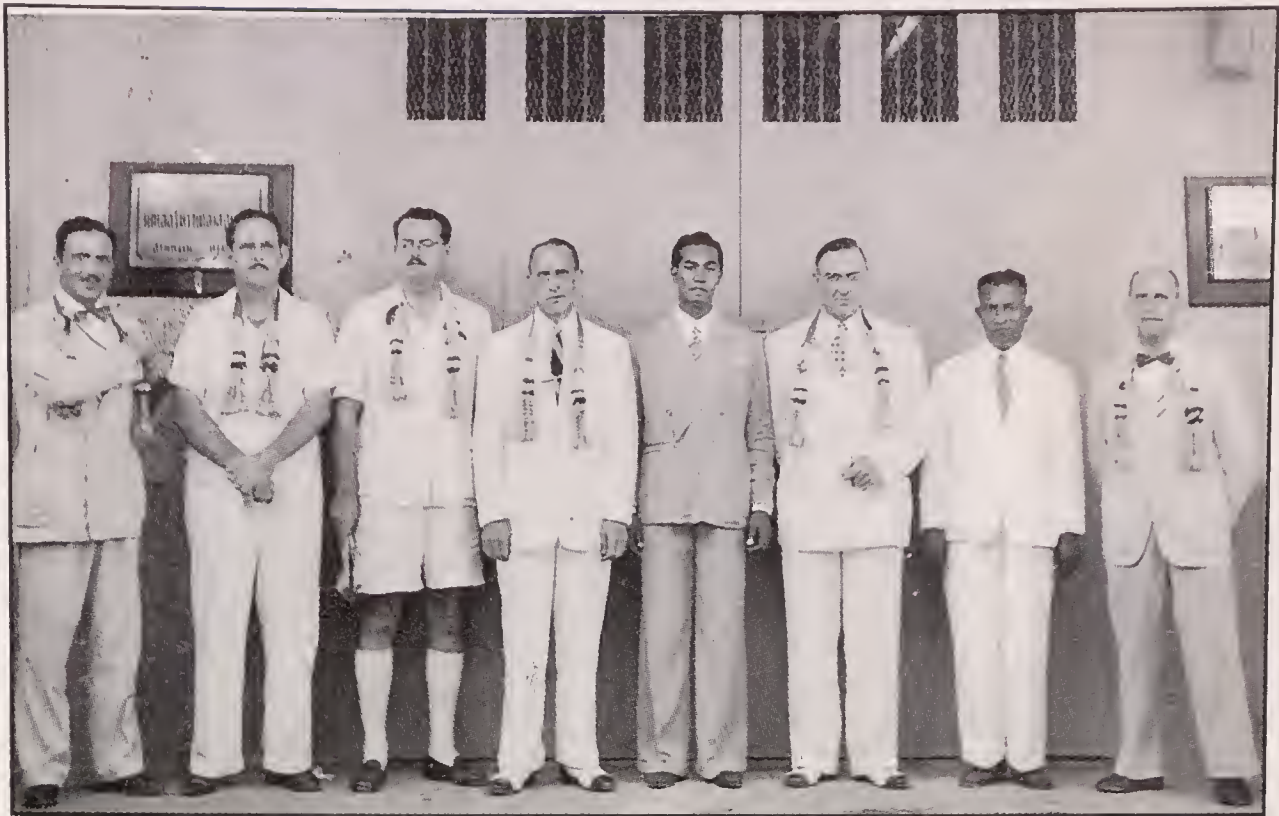
First Office on Rajdamnern Avenue, 1947



First day at work?



Delivery Boys on their Vespa's... ready to take off!



First from America! The first American Company established in Thailand after World War II



AMERICAN EXPATRIATE Willis H. Bird, with his Thai wife in Bangkok home, is in export-import business. Bird served with CSS in Asia during the war, liked Thailand so much that he decided to make it his permanent home.

LIFE Magazine, 31st December 1951



REFUGEES

Two Sino-Tibetan boys, Andrew and Reuben Nichols who were adopted by American missionaries and brought out of Sinkiang Province in Red China by way of Tibet, were given entry permits to the U.S. on Tuesday at the American Embassy.

Recording the occasion for a radio broadcast are left to right: author James A. Michener; Willis H. Bird, Bangkok businessman; Garland A. Bare, American missionary in Bangkok; Reuben Nichols; Andrew Nichols. Michener, Bird and Bare helped boys obtain visas.

(Note to editors: this picture illustrates U.S.I.S. Bulletin No.1101)

๓๑. บันทึกเสียงไว้สำหรับออกอากาศ (จากซ้าย) เจมส์ เอ มิเชเนอร์ นักเขียนมีชื่อ วิลลิส เอช เบิร์ด พ่อค้าชาวอเมริกันในกรุงเทพฯ การ์แลนด์ เอ แบลร์ มิชชันนารี ชาวอเมริกันในกรุงเทพฯ รูเบน นิคอลส์ แอนดรูว์ นิคอลส์

(เรียบบรรณาธิการ, - สำหรับประกอบเรื่องที่ ๑๑๐๑)



Opening Party for Bird's Air Department, 1950's





Photography was one of his many hobbies.



With Gen. Sarit Thanarat, 1951



With Thai Officials, 1951

Discussing Strategy with his
Chief C.A.T. Pilot, 1951





Troops of Nationalist Chinese Eighth Army, long holding out in Burma, are seen lining up to board a CAT transport in Lam Pang, Thailand, for the flight to Taiwan and reunion with Generalissimo Chiang Kai-shek's forces.

Hongkong, November 10, 1953

CAT Photo



陳氏夫婦與歡迎者步出機場

Maj. Gen. Chennault and Madam accompanied Chan Siang May and others welcoming leaving Airports.

Willis and Gerenal Chennault were great friends.
Willis represented
Civil Air Transport in Thailand.



Talking to his C.A.T. Pilots



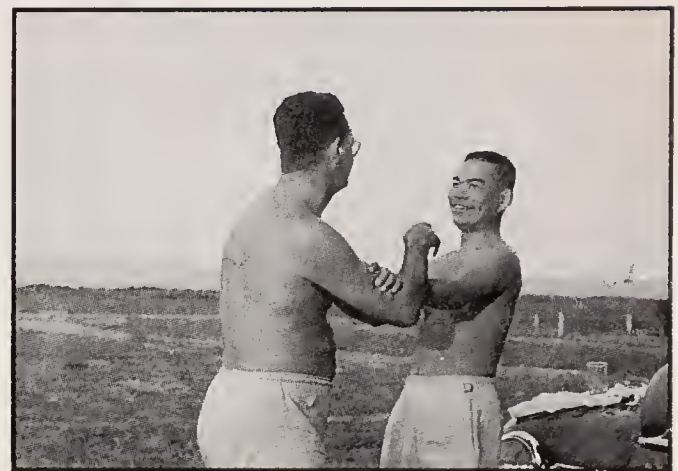
Chai - Yo... andmore Chai - Yo's!!!





With Amnuay,
Thida, Poonsri
and Chalermisri

Fooling around with Khun Prasit
Loolittanond in Bang - Saen... 1948
"Chalermisri is mine!!!"



Seen here with Sidh,
Amnuay, Poonsri
and Chalermisri
in Bang-Saen, 1951



Celebrating New Year's Eve in Bangkok with Chalermmsri & Family





Dining with Chalernsri in Paris, 1950's



Together again in Switzerland, 1950's



Carole's first visit to
Bangkok, 1959



Lunch with
His Family
every
Saturday!



With Bob, Billy and Ginny at the Dusit Thani Hotel



Dinner with His Family and Khun Pong Sarasin



With His Family and a good friend, H.M. King Leka I of the Albanians



Above, gathering for a congratulatory toast are from left: Maxine North of Thai Celadon, son and daughter (standing left and right) Bob and Virginia Bird, and the anniversary pair Mr and Mrs Bird.

25 years of wedded bliss

"Never go lookin for silver and gold," say the words to the song, but that's advice for loners who seek comfort in the material benefits the two precious metals can bring. On the other hand, for lovers, silver represents an entirely different thing: 25 years of wedded bliss—the silver anniversary. Monday night Mr and Mrs WILLIS BIRD, (Bangkok Stock Exchange) celebrated their Silver Jubilee with a party at the Dusit Thani's Tiara Room and shared their huge cake with all the guests in the audience.



Sixty-three years old and still going strong, Bangkok's business man about town, Willis Bird of Bird and Co. celebrated the happy occasion of his birthday Wednesday with two of his favourite girls—his wife and daughter, Ginny. The celebrations took place in the Ramayana Room of the Rama Hotel.



At home with Ginny

All dressed up to
give Ginny away!
1977

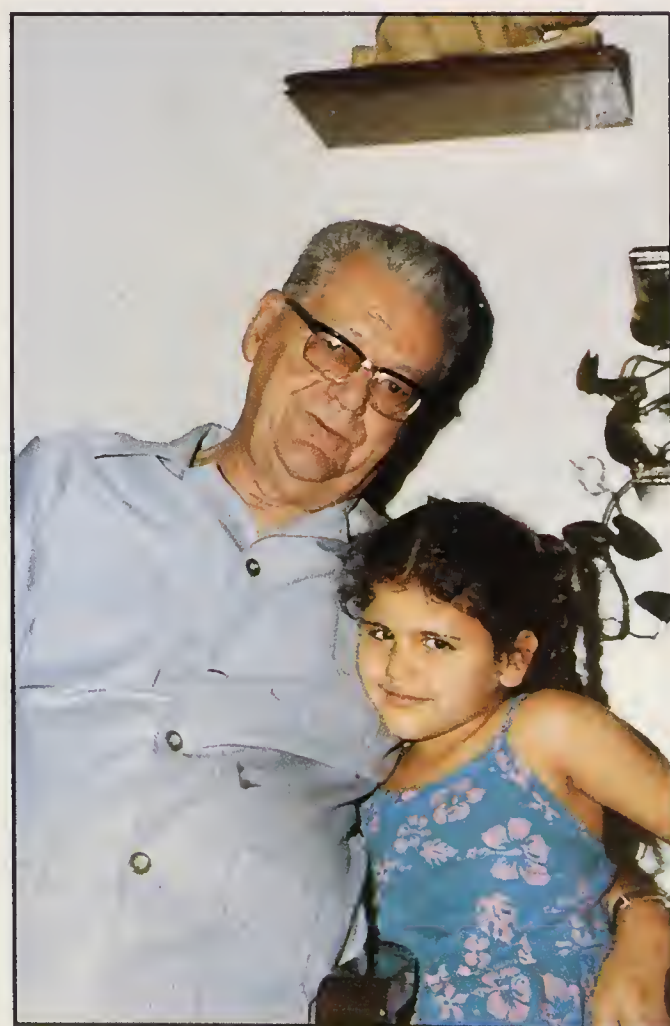




At home in Bangkok with wife, Chalerm Sri and Grandchildren, November 1988



Grandchildren, Francesco, Marisa, Regina, Delicia & Billy's wife, Nong



With one of his favorite gals, Marisa!

At 'Bird Land' with two
of his favorite gals.
Ginny & daughter, Marisa
1984



With grandson, Francesco
12 August 1990



Okay...Okay...what did
you break now?!





Barbara with husband, Ray and children, Craig and Karen at home in Pennsylvania



Grandchildren, Craig and Karen Fender



With good friends, William Oei, Surin and Cortney Acosta

Willis with an 'old friend',
Luang Poo Sumlee, 1989



With Mr. Kajiji, Christmas
1988 in Kao Yai



At home talking about
old-times with Bill Lair,
1989





With Moana
Tregaskis-
Mcglaughlin,
Christmas 1989



With
Tom Mcglaughlin,
Christmas 1989



With
Richard Allman
and Francesco

With Bruno Iacone,
November 1988



Being entertained by the
'Italians'! November 1988



With his favorite singer,
Nanthida Kaeobuasai
November 1988



Someone has to watch the "store"!



In His favorite Gazebo!

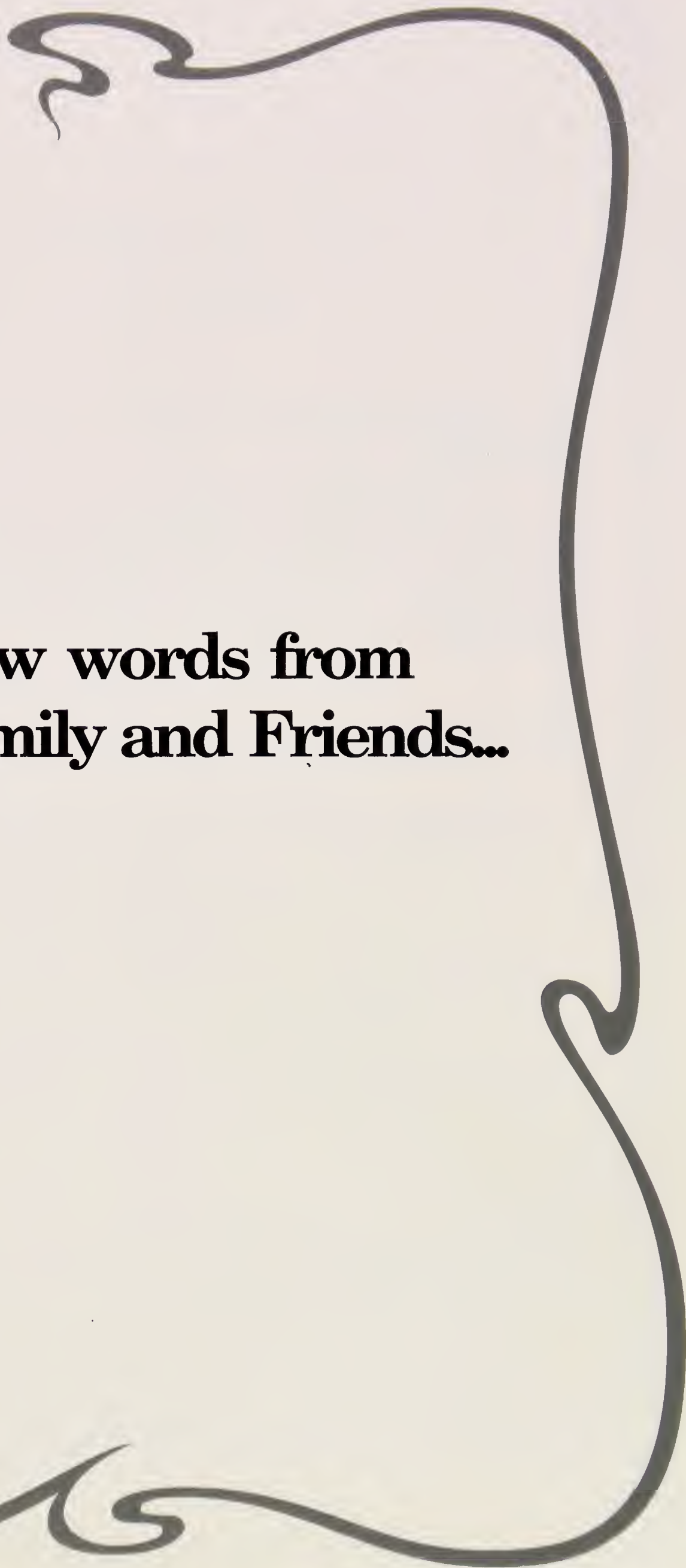
To Papa.....



**His very last days...
His very last photo...
His very last bed...
His very last life partner...
But, He will live on forever in our hearts.**

With love from your son,

**Billy
21 June 1991**



**A few words from
The Family and Friends...**

IN REMEMBRANCE OF
MY DEARLY BELOVED "BILL"

For more than 40 years we have been so close to each other with love and affection that we hardly ever thought of the day that you would be leaving the Family behind.

The Family is so proud of you as a very well established individual among the Thai business community. Moreover, the Family considers it a great honor that you had received a Royal Decoration, The Third Class of The Order of the White Elephant, in 1955. Soon after your arrival in Thailand in 1947, you did not hesitate to provide assistance and gave invaluable advice to the Thai Authorities. Thanks to your experience while serving the U.S. Army as an Intelligence Officer during World War II.

We miss you dearly, not only as the head of our Family, but greatly for your love and affection for us all. We shall remember your daily advice to the Family members on how to take care of their health, not to mention your constant attention on vitamin pills provision.

Dearest Bill, please rest assure of our care for your studies including all of the things on your desk as if they are awaiting for your presence once more.

Chalermmsri Bird

Chalermmsri Bird (Savetsila)



Willis H. Bird was my first brother-in-law. He was married to my youngest sister, Chalerm Sri, before I came back from the United States in 1948. I still recalled my very first visit to the Bird family. Chalerm Sri was pregnant waiting to deliver the first child. Bill, an ex - O.S.S. officer, became my good friend and we talked about our past experiences during World War 2. I visited Bill and Chalerm Sri regularly, until one day he told me that he recommended me and Udomsakdi to General Phao Sriyanonda to work with the secret Thai-American Organization known then as "Naraesuan Committee", which composed of Thai personalities such as Nai Vorakarn Buncha, Marshal Sarit Tanaratana, Marshal Thanom Kittikhajorn, Marshal Feun R. Riddhakani, Gen. Phao Sriyanonda, Gen. Lamai Utayannanonda, and American Representative and Bill Bird etc. The mission of the committee was to solve existing security problems at that time, and prepare Thailand for self-defense against communist expansion such as in Laos as well as internal CPT activities in Thailand in the future. As a result of joint cooperation between Thailand and United States, a joint Paratroops training camp was set up in Lopburi, turning out Army, Police and Air Force paratroopers. Later, when situation became dangerous in Laos resulting from Pathet Lao troops advancing towards Swannakhet, the Border Patrol Police was created to train policemen from various units in Paramilitary courses in such a manner they can perform function like the Army along the Thai Border. Bill Bird was involved in many activities until the undercover Sea Supply Co., Ltd. was set up to look after more detailed operations of our joint participation. In appreciation of his valuable service to the Police Department, Bill was bestowed with the decoration of the Commander (3rd Class) of the most Exalted Order of the White Elephant from H.M. the King. I am particularly grateful to Bill Bird for his recommendation which brought me into the limelight with those people who were in power then and long time after.

Bill supported his family by means of setting up Willis H. Bird Co., Ltd. Although he was not rich, he had a well-to-do family. They lived in the rented houses moving around 3-4 times, until they built the house of their own about twenty five years ago. They bought a land property at Pak Chong, where they spent some weekends which we used to join them.

About 5-6 years ago, Bill started to suffer from Emphysema. Later on, he moved his office to his house where our family spent Christmas parties with them almost every year. We felt sorry for Bill to see him suffer so much. Bill was admitted to Bumrungrad Hospital some six months ago. Everyone in the family knew that Bill would never come out alive. Most of the time he was kept in the I.C.U. until he passed away peacefully in front of Chalerm Sri, her family and friends.

Though we were quite aware of what would be the outcome, Khun Ying Thida and I were deeply saddened by the bereavement of our dear brother-in-law, Willis H. Bird. Our deepest condolence goes to Chalerm Sri and her family.

Siddhi Savetsila

ACM Siddhi Savetsila




Willis,

I have not seen you in over 45 years. That is a long time for a brother and sister. We were so close as children - and growing up also. There were good times and bad times -- only we know. I wish I had been able to visit you in your world; but that was not to be. I have always wished you the best - as I am sure you wished me.

Your sister,

Pearl Bird Esham

Lansdowne, Pennsylvania



Dad,

I regret I did not have the opportunity to know you better. I was always so proud of your accomplishments. Time and circumstance intervened in our Father-Daughter relationship but I know you thought of me. Your letters and photographs are a prized collection and I so enjoyed your Family and you when I visited in 1957. My next visit this past Christmas Season found you, unfortunately, ill. My husband, Ray, would so have enjoyed conversing with you and you would have liked our daughter, Karen. I am glad our son Craig (your first grandchild) did have that opportunity last September.


You may have left this mortal Earth but you have left worthy Families both in Thailand and The United States.

With love,

Your daughter,

Barbara Bird Fender (Bobbie)

West Chester, Pennsylvania

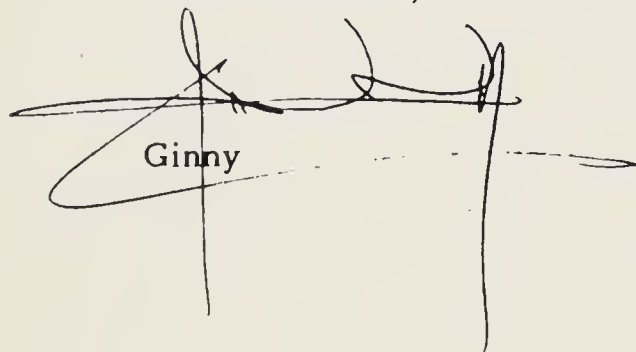


Dear Papa,

I can't put into words how much I miss you - - but I'm sure you know. When Mama called and told me that you had passed away - - first, I couldn't believe it - - and then I was shattered. I thought, that was it - - and I would never see you or talk to you ever again. I felt so lost !

But then, soon after, you came to visit me and we talked for quite a while. Since that moment on, I felt a lot better, feeling your presence, and knowing that you're always here in spirit - - watching over the children and me. It is such a warm and special feeling knowing that you're not totally gone.

With much love,


Ginny



Dear Grandpa,

I love you a lot and miss you very much. I'll never forget all the times we spent together over the past twelve years.

I wish you could have visited our home here in Hong Kong, you would have liked it a lot. There are many vitamin shops, book stores and also gadget stores that you would have loved here.

If I looked on the bright side of things (which I'm trying to do), I'll never see you suffer again. I'll never see you hooked on to an oxygen machine anymore.

Even though I never see you anymore, I feel your presence. I feel as if you are closer to us than you've ever been before.

Lots & lots & lots of love,



Marisa
(your beloved grand-daughter)



When I think of Grandpa, I remember having breakfast with him and he was always telling the dogs to behave and then he talks to 'Mo', the bird. I remember my conversations with him and I asked if I could see his scuba-diving equipment, but he told me that he had already given them away to someone a long time ago. I also remember Grandpa walking out to the living room to meet us when we had just come from the air port and seeing us off when we were going back to Hong Kong. We always brought all kinds of goodies from Hong Kong from him, which he liked so much and would line them all up on his desk.

I will always love and miss Grandpa and Thailand will never be the same again for me.

Francesco



อาลัยคนอเมริกัน"ที่น่ารัก"

ก่อนอื่น...

ขอสารภาพความไม่ดีของข้าพเจ้าเสียก่อน..

ไม่ค่อยมี"ผล"...แต่มี"เหตุ"อันเป็น"สิทธิมนุษยชน"ของข้าพเจ้า ที่มีความรู้สึกมานาน
แต่ครั้งได้ไปสัมผัสกับประเทศสหรัฐอเมริกาเมื่อปีพ.ศ.2499 เมื่อไปอาศัยวิวทิวทัศน์ที่นั่นถ่าย
ภาพยนตร์...

ข้าพเจ้าไม่ชอบอเมริกา..เกลียดคนอเมริกันหลาย ๑คน..

สาแก่ใจสำหรับคำว่า "อึกล้ออเมริกัน" เป็นอันมาก..

แรกก็ดูเป็น"อารมณ์อ่อนไหว"...

แต่นานเข้า..

ความรู้สึกที่มี"จิตสำนึก"ในความเป็นชาติ และคำร้งชาติของไทย และข้าพเจ้ามีส่วน
ที่จะต้องรักษาชาติด้วย"ศิลปวัฒนธรรม" แท้ ๆของไทย...

ทำให้ข้าพเจ้าเกลียดชังอเมริกายิ่งขึ้น เมื่อสำนึกได้ว่า ศิลปวัฒนธรรมไทยเราต้อง
มีอันไม่ค่อยสะอาดลง และไม่ก้าวหน้า เพราะ"อารยธรรม"ตะวันตก โดยจะเพาะจากอเมริกา
เป็นแหล่งกำเนิดได้หลังไหลเข้ามาเป็น"มลพิษ"ทำให้ภาวะ"ความเป็นไทย"ของเราค่อยและเสื่อมลง..

เกิดความรวดเร็วในทางเสื่อม..เกิด"เอคส์"..เกิดยาเสพติด..เกิดความนิยมมกมาย
ในทาง"วัตถุ"แบบ"กูไทยไม่กลับ..."

ข้าพเจ้าถึงกับปราชญ์ตัวเองว่า หากยังมีชีวิตอยู่ จะอุทิศเวลาและอุคมคติหนักไปทาง
ต่อต้านอเมริกา ซึ่งหนักขึ้นในความรู้สึกที่ว่า ประเทศนั้น-คนพวกนั้นกำลังรังแกไทยในทางเศรษฐกิจ
และเอาเปรียบในด้านอารยธรรม และทำให้เราต้องกลายเป็นเสมือนทาสในทางเศรษฐกิจ..ไม่ใช่
"เพื่อน"ที่มีน้ำใจหรือจริงใจต่อเราอย่างบริสุทธิ์...

แต่...

ถึงข้าพเจ้าชิงชังอเมริกาสักเพียงใด...

"อเมริกันชน"คนหนึ่ง ก็ทำให้ข้าพเจ้าต้องตำหนิตัวเอง และยอม"ก้ม"หัวใจให้กับเขา..

เขามีส่วนเป็น"เสรีไทย" (ทำประโยชน์ให้แก่เมืองไทยสมัยสงครามและหลังสงคราม)..

มาเมืองไทยแล้วไม่กลับ มาตกหลุมรักหญิงไทย..

เขาเป็นคนสุดท้ายของพวกเรา "ชาวเขยแห่งสกุลเศวตศิลา"...

เขาแต่งงานกับคุณเฉลิมศรี ธิดาคนสุดท้ายของเจ้าคุณวันพฤกษ์พิจารณ์ (พ่อตาอันแสนประเสริฐของพวกเรา)

เขาเป็นอเมริกันที่มากด้วยอัธยาศัย ห่วงใยเพื่อนมนุษย์ ใจบุญสุนทานตั้งมั่นในสัมมาอาชีวะ เป็นคนตัวใหญ่ที่ใจสุภาพ จนข้าพเจ้าแทบจะไหว้เขาไม่ทัน -ไม่ก่อนเขาได้สีกที่ เมื่อเราได้พบกัน..

มีอเมริกันในเมืองไทยหลายคนที่ข้าพเจ้ารู้จัก และจำเป็นต้องพบในบางครั้ง..ไม่มีใครเขาอยากพบกับข้าพเจ้า เพราะฉันทพูดไทยได้อย่างเดียว แต่สำหรับเขา..เขารู้ภาษาไทย เท่ากับข้าพเจ้ารู้ภาษาอังกฤษ เราพูดกันได้ อย่างน้อยก็ด้วยหัวใจ..แวตาทที่ยิ้มได้ บอกความจริงใจอันบริสุทธิ์ของเขาที่มีต่อข้าพเจ้า..

ชีวิตครอบครัวของเขามีความสุขมาก ก้าวหน้าทั้งด้านทำมาหากิน และจำเริญด้วยดี เพราะเขาทำแต่ความดี..

เขาโชคที่ได้มีภรรยาอันสุดประเสริฐ..

และ"ความประเสริฐ"ส่วนหนึ่งได้เป็นผลมาจากเนื่องกับครอบครัวของข้าพเจ้า โดยจะเพาะกับ"คุณตุ้"ซึ่งเป็นภรรยาของข้าพเจ้า..

ครอบครัวเราจน..

แต่เราได้รับความห่วงใยและเยื้อมเยียนจากครอบครัวที่มีน้ำใจของ"เขา"

คุณเฉลิมศรี มีความรักใคร่"พี่สาว"อย่างคุณตุ้มมาก ฉะนั้น แม้ข้าพเจ้าจะเอาเวลาส่วนมากไปทำงานสู้ความจน คนเปล่าเปลี่ยวอย่างคุณตุ้ก็ยังมีน้องสาวมากด้วยน้ำใจอย่างคุณเฉลิมศรี เป็นเพื่อน..

ปรกติ เราชอบเป็น"ผู้ให้"ที่ไม่ค่อยเจียมตัว ก็ยิ่งจนยิ่งให้..

บางครั้งเราเบื่อ"การให้"...แต่มีกำลังเมื่อได้รับ"การให้"จากผู้ที่มากมมืออย่างคุณเฉลิมศรี..เธอไม่เพียงรักคุณตุ้ผู้พี่ แต่เธอเมตตาต่อครอบครัวของเรา..

ทุกครั้งที่เราทุกข์ เธอไม่เคยขาดที่มาอาหารกับพวกเรา ในทุกกรณีไม่ว่าจะเป็นเรื่องดีหรือเรื่องร้าย..เสมอต้นเสมอปลาย..

และเรารู้ว่า "เขา" คู่ชีวิตของคุณเฉลิมศรี มีความหวังดีต่อเราเหมือนอย่างคุณเฉลิมศรีผู้เป็นภรรยา หรืออาจจะยิ่งกว่า..

เมื่อ"เขา"จากไป...ข้าพเจ้าได้ความเคืองใจเพิ่มขึ้นอีกมากเมื่อนึกถึงว่า..คนดีมักจะตาย
ไปก่อน แต่คนบาป-ไม่ดีเลยอย่างข้าพเจ้ายังต้องทนทุกข์ทรมานเพื่อชดใช้บาปให้มัน"รกโลก"อยู่อีกนาน..

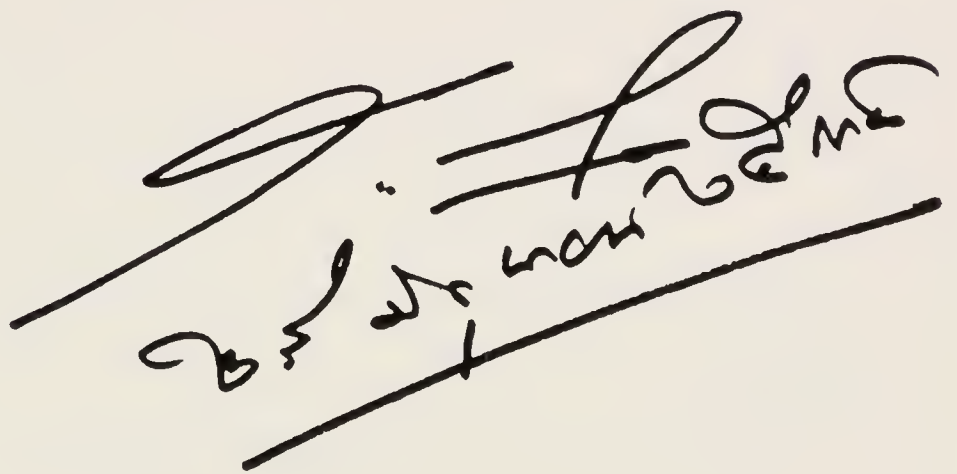
เขาเป็น"อเมริกันที่น่ารัก"ในสายตาและหัวใจของข้าพเจ้า..ซึ่งทำให้ข้าพเจ้า ยังทน
ทนฟังคำว่า"อเมริกา" และ "อเมริกัน"อยู่ได้..

ถ้าอเมริกามีคนอเมริกันอย่างเขาทั้งหมด-ทั้งประเทศ..เมืองนั้นจะจำเริญด้วยสัจ
วัณธรรม และอารยธรรมที่เขานำแพร่มายังเมืองไทยคงจะทำให้เมืองไทยสะอาดปราศมลภาวะ
เป็นพิษยิ่งกว่านี้...

"อเมริกันสะอาด-น่ารัก"คนที่สวรรค์และพระเจ้ารัก และข้าพเจ้าบูชาหัวใจของเขาคนนี้
คือ มิสเตอร์ วิลลิส เอช. เบิร์ด.....

จงไปดี..

และชาติหน้า..ขอให้เราได้พบกันอีก.



ส. อาสนจินดา



In remembrance of my dearly beloved friend Colonel Willis H. Bird, I would like to express myself in the following words:

I shall not speak of his early days as that is a period that I have no personal knowledge, though from the many conversations that I had with him and with friends of his, I realized that he had already laid the foundations for his later greatness as a patriot and a man who loved the Nation of his birth and the Nation of his adoption with a deep, abiding and unselfish love.

There will be many who will speak and who have a clearer knowledge of the great things that he accomplished during his lifetime in the interest of the Thai people but I speak of the time that I knew him. The first time I met him was in 1969 and immediately a bond was formed between us, a bond of friendship and understanding between men who have fought and suffered for a Cause. I can only say that his presence, his very existence enriched my life tremendously and widened the scope of my understanding of both world affairs and human nature.

When through a series of circumstances I had problems, Bill was there to help. He took no account of what it would cost him, he just did what a friend would do for another, which is something that cannot be forgotten.

His love and affection for his family was exemplary and his understanding of duty and obligation was a lesson to all of us who knew him. His body may be gone now but I am sure that his spirit will be well received by God and certainly that his memory will stay with all of us who knew him and continue to enrich our lives.

Once again I present my deepest condolences to Chalerm Sri, Ginny, Billy and the rest of his family, assuring them of my friendship and affection. I am certain that Bill's spirit will be there whenever one of us needs help, as it was there whilst he was still alive.

So, Bill, I will not say goodbye, I will say until we meet again, be it in this world or the next so that we may continue our long and always interesting discussions.

His Majesty King Leka I of the Albanians



Mr. Willis H. Bird.

เมื่อผมเข้าดำรงตำแหน่งนายเวรของท่านพล.ต.อ. เผ่า ศรียานนท์ ขณะนั้นที่ทำงานของท่านอยู่ที่วังปารุสกวัน เป็นที่ตั้งของรองอธิบดีกรมตำรวจฝ่ายปราบปราม กับผู้บังคับการกองตรวจตำรวจนครบาลซึ่งเรียกกันว่า ตำรวจรถถัง เพราะมีหน่วยรถหุ้มเกราะอยู่ที่นั่น

ขณะนั้นอตร.เผ่า ได้เริ่มติดต่อกับฝรั่ง โดยเฉพาะอเมริกัน

ได้มีการตั้งหน่วยโตตร่มขึ้นที่ลพบุรี โดยความช่วยเหลือของอเมริกัน มี Mr. Peter Jute เป็นหัวหน้า และฝรั่งรุ่นแรกที่จำได้มี Walter Kusmak เมื่อเรารู้เรื่องนี้เจอ Mr. Bill Lair ก็บอกว่า เขาอยู่ในหมู่พวกนี้รุ่นแรกนี้ด้วย แต่ผมนึกไม่ออก

โดยเหตุที่ท่าน อตร.เผ่า พูดภาษาอังกฤษไม่ได้ดีนัก นายตำรวจที่ติดตามขณะนั้น ก็ไม่มีใครยินดีแสดงฝีมือ ผมเลยเป็นตัวขัดหัวนี้ คือใช้ฎไป เหตุเกิดดังนี้

วันหนึ่งจำไม่ได้ว่าวันเดือนปีใดแน่ มีตำรวจมารายงานว่า มีฝรั่งจะมาขอพบท่าน พล.ต.อ.เผ่า ผมให้เชิญเข้ามา เมื่อเห็นหน้าก็ชักชอบใจ เพราะท่าทางสง่า-ใจดี ผมก็ทักทายตามธรรมเนียม และถามถึงธุระที่ต้องการพบอตร.เผ่า ก็ใช้เวลาพูดกันประมาณครึ่งชั่วโมง ก็ยังจับความไม่ได้ ผมจึงเปลี่ยนวิธีใหม่ ให้เขาเขียนลงในกระดาษแจ้งความประสงค์ที่ต้องการพบอตร.เผ่าเป็นข้อๆ เมื่อรับกระดาษจากเขามาก็อ่านและเปิดพจนานุกรมภาษาอังกฤษหาคำแปล แล้วพูดกับเขาว่า

ที่เขียนอย่างนี้ - อย่างนั้นะ ตรงกับที่ผมพูดไหม

เขาก็บอกว่า "ใช่"

ผมก็นำขึ้นไปพบท่านอตร.เผ่า ก็นึกว่าจะหมดหน้าที่ ท่านอตร.เผ่าเกิดไม่มั่นใจในภาษา เลยสั่งให้ผมอยู่ด้วย ให้ช่วยแปลให้

ก็จะยากอะไร คำแปลอยู่ในกระดาษแล้ว ผมก็ว่าตามนั้น ก็ผ่านไปคราวหนึ่ง ต่อมาฝรั่งผู้นี้ซึ่งผมรู้จักว่าชื่อ Mr. Bird มาหาบ่อยขึ้น เวลาที่มร.เบิร์ดไปหาท่านอตร.เผ่า นั้นไม่นานนัก แต่ติดด้าน ร.ต.ท.อำรุง นั้นนานหน่อย เพราะจะต้องเขียนแล้วรอให้ผมแปลและอธิบายว่าผมเข้าใจว่าอย่างไร มันก็นานหน่อยแหละ

ด้วยวิธีนี้ผมก็ได้ติดต่อมร.เบิร์ดบ่อยขึ้น คุณเคยขึ้น สนทนากับมร.เบิร์ดว่าชื่ออะไรไม่ชื่อ ชื่อ นก แกหัวเราชอบใจ ลูกขึ้นทำทำบินให้ดู

คุณเบิร์ด ติดต่อกับท่านอตร.เผ่าในนามของหน่วยราชการลับสหรัฐ เรื่องที่จะต้องปิด มาถึงผมก็เปิดหมด เพราะไม่ผ่านล่ามดี ก็ไม่รู้จะไปให้ท่านอตร.เผ่าเข้าใจได้อย่างไร ท่านอตร.เผ่าก็คงคิดเช่นนั้น และคงคิดว่า ผมพอไว้วางใจได้ ก็เลยใช้ผม ผมจึงต้องทำงานเรื่องที่เป็นความลับสุดยอด แม้ต่อมาการติดต่อกับแม่ทัพนายกองกองกำลังต่างชาติ เช่น พล.อ.หลี่มี ฯลฯ ผมก็มีส่วนเข้าเกี่ยวข้อง ผมก็ยังคุ้นเคยกับ

คุณเบิร์ดยิ่งขึ้น ความฉลาดรอบรู้ของคุณเบิร์ด เป็นที่นับถือของผมมากขึ้น
จากการเป็นตัวเชื่อมระหว่างท่านอตร.เผ่าและคุณเบิร์ด ผมก็รู้ถึงความสัมพันธ์
ความรักใคร่ระหว่างบุคคลทั้งสอง

มร.เบิร์ดว่า "จำวนายคุณเป็นคนดีมากนะ รักชาติบ้านเมืองจริงๆ"

ท่านอตร.เผ่าว่า "เบิร์ดเขาเป็นคนดี เป็นคนซื่อตรงมาก ไม่โยกเยก
เหยาเหยา"

เรียกว่าต่างมองเห็นความดีของแต่ละฝ่าย จึงรักกัน

ผมเองเป็นคนรักคนตรง ดังนั้นเราจึงสนิทสนมกัน แม้ต่างชาติ ต่างภาษา
กัน ..แต่จะต่างศาสนาหรือไม่ ไม่ทราบ เพราะเคยเห็นนภพระเครื่องทองคำอยู่ แต่
ไม่ได้ถาม

โอกาสและเวลาไม่มีมากนัก แต่กระนั้นผมก็ติดตามไปเยี่ยมไปหา ทั้งได้
เขียนประวัติสั้นๆ จุ่มๆของคุณเบิร์ดไว้ในเรื่อง "ใครว่าอตร.เผ่าไม่ดี"
เป็นที่ระลึก

ในเบื้องปลายชีวิตของเรา เมื่อผมอายุ 7๑ และคุณเบิร์ดเกือบ 8๑ ก็ว่า
จะไปมาหาสู่กันมากขึ้น เนื่องจากผมติดเป็นเลขานุการกลุ่มคลองกระบัง เรื่องสุขภาพ
ตัวเองบ้าง และสารพัดงานสังคม โอกาสไปเยี่ยมตอนป่วยของคุณเบิร์ดจึงมีน้อยครั้ง
และต้องน้ำตาตกเมื่อทราบว่าคุณเบิร์ดได้สิ้นชีวิตไปอย่างสงบ

วันรตน้ำและบรรจุศพ ผมไปยืนดูและพูดในใจว่า

"พี่ชาย ไปที่สุคติเถิด คุณทำความดีมามากแล้ว แม้จะจากโลกไปก็มีความ
ภูมิใจได้ คนอยู่ข้างหลังเขาระลึงถึงเสมอ"

พล.ต.ต.อำรุง สกุลรัตน์

WILLIS H. BIRD - IN MEMORIAM

Our paths first crossed in 1950, in Bangkok, of course, and we became friends instantly.

Bill was active in many fields, and, at the time, knew just about anybody worth knowing. He always had time to listen to your problems, giving you little gems of his home-spun philosophy, aptly chosen, subtly given.

Needed to know something ? That was no problem, as Bill was not only an avid reader of everything ever printed, but he had the patience, and the discipline, to cut out articles of interest, that somebody just might need at some future time. The remarkable thing was, that he remembered what he had and where he filed it.

You want to know what gadgets have come on the market ? No problem. Just look what is on Bill Bird's office desk, the inveterate gadget collector.


But there is another side to Bill, that was very private. He was a religious person, who tried to live by the teachings of chosen religion, in his own quiet way. Bill disliked ostentation, in whichever form, and set the example himself.

He was an astute observer of Life in all its aspects, and I have fond memories of the talks we had, always a combination of penetrating observations mixed with subtle, at times, salty humor.

Bill will be missed by many of his friends, and , for us, Bangkok will never be the same again.

Tokyo, June 20, 1991

William & Jenny Oei



คำไว้อาลัย พันเอก วิลลิส เอช เบิร์ด ต.บ.

ผมได้รู้จัก มร. เบิร์ด ในช่วง 5 ปีสุดท้ายแห่งชีวิตของท่านได้เรียนรู้ ได้รับทราบ จริยวัตร คติธรรม ความเฉลียวฉลาด ความมั่นคงเข้มแข็งของจิตใจ ท่านมีสายตา ความรู้สึกนึกคิด และความปรารถนาสร้างสรรค์ไปในอนาคตอันยาวไกลอย่างแท้จริง

ท่านได้สร้างคุณประโยชน์ และผลงานนานัปการให้กับประเทศไทยที่ท่านรักและใช้เวลากว่าครึ่งชีวิตช่วยสร้างเสริมสัมพันธไมตรีระหว่างชนชาติอเมริกันกับชนชาติไทย ให้ผูกพันเป็นมิตรสนิทและให้ความอนุเคราะห์แก่อกุลโครงสร้าง และสถาบันหลักต่าง ๆ ช่วยให้ประเทศไทยเจริญรุ่งเรือง มั่นคงแข็งแรง ในลักษณะปิดทองหลังพระมาตลอดชีวิตของท่าน

โดยส่วนตัวผมมีความรู้สึกผูกพันและคุ้นเคยอย่างยิ่งกับท่านฉันท์ญาติสนิทชั้นผู้ใหญ่ที่เปี่ยมด้วยคุณธรรมอันประเสริฐ ท่านได้กรุณาแนะนำวิถีทางดำรงชีวิตให้เจริญรุ่งเรือง ตลอดจนเคล็ดลับในการรักษาสุขภาพ ด้วยความเมตตาและปรารถนาดีตลอดเวลา ผมเชื่อมั่นว่าท่านจากพวกเราไปอยู่ในสถานที่ที่สุขสบายกว่าโลกมนุษย์ตามผลแห่งกรรมดีที่ท่านได้สร้างให้แก่ชนชาติไทยและมนุษยชาติ

ผมขอตั้งจิตอาราธนาอัญเชิญกุศลบาปมีแห่งองค์สมเด็จพระสัมมาสัมพุทธเจ้า ดลบันดาลให้ มร. เบิร์ด ประสบแต่ความสุข ได้เข้าถึงสุคติโลกสวรรค์ เป็นอยู่ด้วยทิพย์วิสัยอันประณีตยิ่ง ๆ ขึ้นตลอดไป

จาก อวยชัย วิธวรสณ

Willis Bird was a man of integrity and vision which was reflected in his development of the "Commercial Paper" Market and the Share Market.

His pioneering effort in establishing the "Bangkok Stock Exchange" ultimately stimulated the Stock Exchange activities in the major Cities in S.E. Asia.

Paul Yee
June 1991

Dear Bill,

I'm so sorry you had to leave us. We miss you -- and feel great nostalgia for the knowledge, insight and time you had always for those close to you.

You accomplished good works in your life. Much was achieved through your energies and acute perceptions. We will miss your wise counsel -- and the subtle laughter. While surely you are in a happy place now, we will go on recognising your great gifts to us. They will live on forever.

Our love is with you,

Moana & Tom

I knew Willis Bird Senior for only a few years of his distinguished life but in that time we had a meaningful and close relationship.

He was outstanding for his wisdom and stature accumulated during impressive and successful periods of war-service and commerce. These achievements stand for all to admire but having known him towards the end of his illustrious life was Willis Bird as a warm and considerate man that I will most remember.

People of this calibre are rare and I feel it a great privilege to have occupied a very small part of a mighty reign.

Ian F. Wade
Group Managing Director
A.S. Watson
Hong Kong



To : Willis H. Bird

Since the first day that I knew Ginny, she spoke to me about her Parents, and especially about her Father, whom she considers to be a special person. One evening I had the pleasure of being invited, together with some freinds, to Ginny's home, which was the first time I met Willis. We did not have a chance to talk much, but I immediately realise that he was really a special person. Later I visited Bangkok again, and this time I had a chance to spend more time with Willis and got to know him personally. At that time my English was not very good, but we could look at each other's eyes and understood each other quite well.

I saw Willis again many times after that, and in those occasions, we talked about politics, finance and other things. His suggestions have been useful to me especially in my field as a stock-broker.

Slowly Willis became to me as a Father, even if, due to the distance, I couldn't run to him every time I needed advise, but whenever I had to make some decisions, I thought of him. He has been for me a person who morally has helped me greatly to live my difficult life.

Today Willis, that you're not with us anymore, I feel that I need you more than ever before. Only after having seen you again, I feel and know that you have come back to stay near me. You and your memory will be with me for all times.

Sincerely,

Bruno Iacone
Italy, June 1991



In Thailand when your friends are very close, one usually calls their Parents Father and Mother. Khun Por was loved by all of his children. He quietly listened to each of them and had advice that was always directed to each of their personalities. He was a Family Man and loved to go on outings with his "Clan".

Khun Por's Clan usually consisted of his wife and children, relatives and more often than not, friends of his children. It was in that capacity that I had the pleasure to join these Family outings very often. Each Saturday he would gather everyone at the Dusit Thani Hotel for a Family lunch. Sundays usually meant trips out into klongs just to "bhai teo" or look at land. As his children grew up, these outings began to include the spouses and children, plus the various relatives, cousins and friends. His relationship with each of us was a special and privileged one. He never raised his voice or showed discontent, even when things were raucous and noisy.

He was a kind man who always had the time to listen and give advice only if asked. To those who knew him, he was a giant among men and yet he was the most gentle man I have ever known. Khun Por, we will miss you very much . . no one can fill your shoes.

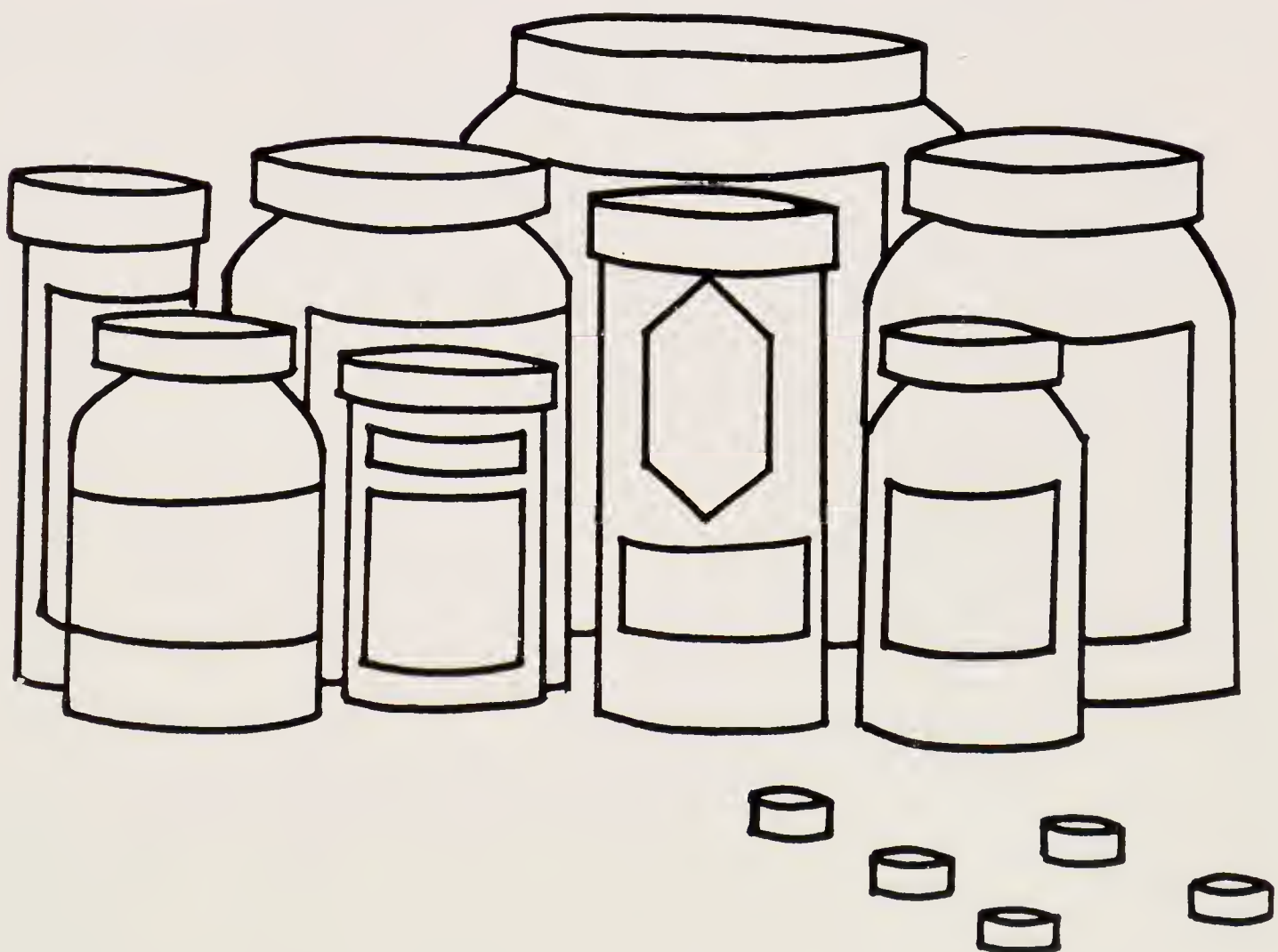
Mary Anne Stanislaw-Lohngoen



LIST OF USES OF VITAMINS FROM A - Z

Studied and compiled by Papa
over the years

Copied from his Note-Book by Ginny



Treatment with Vitamins called "Orthomolecular Treatment"

"Primum Non Nocere" (above all, do no harm)

No one has ever committed suicide with an overdose of a Vitamin.

VITAMINS

A	Retinol
B	- Complex
B1	Thiamine
B2	Riboflavin (G)
B3	Niacin (Nicotinic Acid)
B6	Pyridoxin
B12	Cyano Cobalamin
C	Ascorbic Acid
D	Calciferol
E	D-Alpha Tocopheryl*
DOL	Dolomite

1 MG = 1 i.u. 1000 MG = 1 Gram

BIO	Biotin Vit "H"
CHO	Choline
INO	Inositol
PAN	(B5) Pantothenic Acid
PABA	Para-Aminobenzoic Acid
PANG(B15)	Pangamic Acid B15
Z	Zinc
LEC	Lecithin
RNA	RNA/DNA (Nucleic Acid)
SEL	Selenium
K	Manadione
P	Bioflavonoids
B5	Pantothenic Acid
B13	Orotic Acid
B17	Amygdalin
F	Fatty Acids
L	Lactation
T	Growth Substances
U	From Cabbage Juice
M	Folic Acid
H	Biotin

Vitamin 'A' Retinol (Axerophthol) Carotene

Needed for normal growth of body.

For : Skin, night blindness, boils, dry/brittle hair, loss appetite, infections, bone and tissue, general poor vision, arthritis, asthma, acne, allergies, cancer (prevention and treatment), keratomalacia, emphysema, hyperthyroidism, vaginal dryness, contact lens irritation and xerophthalmia systems (apathy & wasting, diarrhea, bronchitis, pneumonia, catarrh, discharge of nose and ears, discharge in urine, whitish gray patches on cornea of eye) and protection against DDT.

Vitamin 'A' if taken alone and in high quantities known to be toxic, but if taken with other vitamins and minerals, toxicity non-existent.

Vitamin 'B1' Thiamine

For : Central nervous system, beri-beri, numbness of arms/legs, fatigue, depression concentration, memory, perception, circulation collapse, congestive heart failure, alcoholism, enlarged heart, constipation, failing eyesight, sensitivity to noise, diabetes, herpes zoster, insect repellent and stress diseases.

Lack of 'B1' causes beri-beri. Boiling destroys 'B1' in food. 'B1' main replacement for rice and wheat bran.

Vitamin 'B2' Riboflavin, (Vit. 'G')

For : Bloodshot/burning eyes, light sensitive, depression, cataracts, skin disorders, non-ageing, glossitis (tongue), diarrhoea, fatigue, eczema, dandruff, arthritis, athlete's foot, pucker mouth lines, purple tongue, thyroid gland health, sore mouth, colon cancer, peptic ulcers and migraines.

Vitamin 'B3' Niacinamide, Niacin

For : Pellagra, schizophrenia (50%), insomnia, hyperactivity, sexual dysfunction, fatigue, drug addiction, arthritis, emotional conditions, hallucinations, irritability, dermatitis-diarrhea-dementia (pellagra's distinctive symptoms), high blood pressure, migraine and disturbed sense of touch.

Lack of Vitamin 'B3' will cause Pellagra. 'B3' the 'cornerstone' of today's 'Megavitamin Therapy'.

Vitamin 'B5' Pantothenic Acid

For : Low blood pressure (same as 'B12'), stress, gout, allergies, headache, digestive ailments, energy, arthritis, hypoglycemia, asthma, longevity, constipation, memory, infection, nausea, baldness, tooth decay and stretch marks (+E).

Usually included in B Complex - not generally called 'B5'. Rapid growth in children need this vitamin.

Vitamin 'B6' Pyridoxin

For : Kidney stones, ulcers, nausea edema (dropsy), toxemia, acne, neuritis, parkinsonism, psychiatric problems, use as diuretic, infections, paralysis, muscular weakness, chorea (St. Vitus' dance), radiation sickness, diarrhoea, asthmatics, hair loss, childhood epilepsy, rheumatoid arthritis, visual disturbances, super energy, hypoglycemia, carpal tunnel syndrome, monosodium glutamate reaction (MSG syndrome) and morning sickness.

Vitamin 'B6' (continued)

For : Dymenorrhea (difficult menstruation), atherosclerosis (homocysteine in blood causes atherosclerosis and B6 prevents homocysteine build-up, mostly by acting as facilitator to turn it quickly to cystathionine which is not toxic), teeth & gums, cracked lips & ulcers from sun (use B6 ointment if available), gout, improves night vision, reduce swelling hands & feet, improve functioning joints in elderly, short term memory, car/sea/air sickness and rheumatism.

Vitamin B12 Cyanocobalamin

For : Anemia, pernicious, alcoholism, shortness breath, ulcerative colitis, syphilitic, lack balance, overweight, severe agitation, manic/paranoid behavior, concentration/memory, stuporous depression, allergies, hypoglycemia, deterioration of nervous system, growth-retarded children and bronchial asthma.

Vitamin 'B15' Pangamic Acid

(Not fully identified as a Vitamin)

For : Detoxification of pollutants, protects liver, prevents premature aging, relieves emotional and mental problems, treats chronic alcoholism, treats gangrene, injury healing and improves energy.

Biotin (Coenzyme R or Vitamin 'H')

For : Eczema, dermatitis, prevents baldness, muscle pains, keep hair color, mental depression, confusion, hallucinations, extreme exhaustion, infant death syndrome, children's diseases and elderly people's diseases.

Raw eggs (Avidin) prevents Biotin absorption (a protein anti-vitamin).

Folic Acid regarded as in Vitamin 'B' Family, Vitamin 'M'

For : Anemia, stomach ulcers, menstrual disturbances, alcoholism, bruises, stress, diarrhea, arteriosclerosis, decreased sex drive, palpitations, shortness breath, production red blood cells, mental illness, baldness, pap smear reverse, menstrual distress, growth red blood cells, proper liver function, dizziness & tension headaches, critical to functioning of the central nervous system.

Also called Pteroylglutamic Acid (P.G.A.). Folic Acid necessary for the division of all body cells and for production RNA/DNA. Without Folic Acid no growth possible, even to hair, sperm, fingernail and no healing can occur. Essential to build antibodies against infections and anemia and grayish brown skin pigmentation. Pregnant women should take.

Choline

For : Alcoholism, eczema, hair problems, baldness, hypertension, high cholesterol, hypoglycemia, dizziness, cirrhosis of liver, some cancers, heart disease, high blood pressure, improvement of brain functioning and memory.

Lecithin

For : health of nervous system, hardening of arteries, brain function, viral infections, rheumatic carditis, liver diseases, kidney diseases, psoriasis, poor short term memory and emulsifying agent (helps remove fats and cholesterol).

Lecithin a 'Phospholipid' also known as 'Lipotropic'

- * Helps prevent accumulation of fat in the liver. Contains choline and inositol and phosphorus.
- * From soya bean oil.
- * Agent for non-aging.
- * Considered an all around basic aid to good health and strength.
- * A natural source of choline and inositol of 'B' complex.
- * Weight reduction for diabetes.

Inositol (B Complex) (Phospholipid)

For : Constipation, baldness, cirrhosis of liver, high cholesterol, overweight, artery disease, heart disease, eye problems, insomnia (2000 ml), atherosclerosis, brain tranquilizer-sedative (moderate to mild) (650 ml) and high blood pressure.

Paba Para-Amino Benzoic Acid

For : Burns, sunburn protection, vitiligo (skin pigments), baldness, headache, graying hair, parasitic diseases, rheumatic fever, stress, infertility, delay wrinkles, skin health, bone & joint disorders and lower cholesterol.

Make sulfa drugs ineffective. Paba ointment good for taking pain out of sunburn and antiaging cream for skin. In combination with folic acid, paba has returned graying hair to natural color for some people.

Vitamin 'C' Ascorbic Acid

For : Scurvy, hepatitis, polomyelitis, fatigue, asthma, hay fever, healing wounds, low back pain, less cholesterol, cigarette smoke pollution, maintenance of bones, cartilage, teeth, gums and blood vessels and schizophrenia.

Lack Vitamin 'C' will bring on scurvy. Cigarette smoking destroys Vitamin 'C'. Body requires daily. For persons too sick to take Vitamin C tablets (1) 1 cup hot water 50 vitamin C 500 mg blend well-may sweeten with honey if desired. Keep refrigerated. @ teaspoon = 500 mg. (2) use 100 Vitamin C 500 mg tablets & @ teaspoon = 1000 mg.

Vitamin 'C' stimulates the production of interferon within you.

For : Flu, chronic skin disease, bed sores, abscesses and boils, malaria, recurrent infections and bladders, colds, heart, schizophrenia (Williams), heart disease, anti-cancerous growth, increasing oxygen, remove accumulations of toxic metals (copper cadmium, lead, mercury etc.), hypoglycemia, prickly heat, viral encephalitis (inflammation of brain), black & blue marks, bruising, collagen disease (of connective tissue), rheumatoid arthritis, stones in kidney/bladder and stress situation.

Not less daily than 10 mg per kg of body weight. C & B work well together.

Vitamin 'D' Calciferol

For : Rickets, osteomalacia, tiredness, lack appetite, inflammation tongue/lips, common cold, fast heart beat, sensitivity to pain, pyorrhea, eczema, psoriasis, menopause (with calcium).

100 to 1500 i.u. prevents rickets. 1000 to 3000 will cure children. 10000 i.u. toxic.

Vitamin 'D' (continued)

'D' called 'sunshine' vitamin. Works best with calcium. Most small children get vitamin D in cod liver oil. Without 'D' in some form, they will get rickets. Osteomalacia is the adult form of rickets. When calcium or dolomite (digestal) used for pain, vitamin 'D' should be taken to insure calcium absorption. Also helps epileptic seizures.

Vitamin 'E' D-Alpha Tocopheryl

For : Heart diseases, energy, blood clots, blood circulation, menopause, breast cysts, impotence, infertility, miscarriages, muscular dystrophy, varicose veins, menstrual disturbances, anti-ageing, improves sexual urge, diabetes (gangrene), wound & scars healing, burns, cramps in legs/arms, kidney diseases, all vascular diseases, collagen diseases, increasing oxygen, anoxia, angina pectoris, purpura, peptic ulcer, psoriasis (skin), bright's disease (nephritis) ((kidney)), coronary thrombosis, rheumatic heart, hypertensive heart disease, arteries disease, phlebitis, sterility, mastitis, liver disease, arthritis, any thrombosis or thromboembolism, hair growth, cell growth and protection, hysterectomies ovary removal (helpful on problems re this surgery), diaper rash, asthma, emphysema, ceroids (lipofuscins) ((pigments)), normalize acquired hemophilia, cortical cataracts, intermittent claudication, shock lung syndrome, increase endurance, anti-atmospheric pollutants, anti-oxidant.

Note : Natural Vitamin 'E' is D-Alpha tocopheryl. If stated without D or spelled with OL ending, then synthetic, and or mixed with Beta, Gamma, Delta.

Dolomite, Calcium and Magnesium

For : Heart diseases (+Vitamin 'E'), prostate troubles, kidney stones (+B6), blood pressures, cancer, polio (add B Complex), hyper-reflexia, irregular heart beat, hemorrhoids, epileptics, shakes/convulsions/twitches, blood vessels, bones, teeth, gall stones, electrical systems, migraine, nerves, osteoporosis, cramps (legs/arms), catalyst for calcium & fluorine.

For all heart & circulation problems combine with Vitamin 'E' for fast effect.

Dolomite (Digestal)

For : Alcoholism, nutritional cirrhosis, tremor-tic, aging, insomnia, paranoid psychosis, mental confusion, hallucinations, menstrual distress, backaches, winking/blinking eyelids, osteomalacia, teeth grinding in sleep, pain (Vitamin 'd' helps), bladder problems, converts blood sugar into energy, muscle function, prevent calcium deposits.

Dolomite CaMg (C03) 2

Formula # 314

Foods Plus, Inc.

Calcium 130 gm, Magnesium 78 mg.
(Calcium Magnesium Carbonate)

Body needs 6 mg magnesium per kilogram body weight per day.

50 kilo = 300 mg

75 kilo = 450 mg

100 kilo = 600 mg

Total requirement

2 tablets	=	156 mg
3 tablets	=	234 mg
4 tablets	=	312 mg
5 tablets	=	390 mg
6 tablets	=	468 mg

Bones average 1% phosphate of magnesium, teeth 1½%, elephant tusks 2% p.m. and carnivorous animals almost 5%.

Selenium (Micro trace mineral element)

Recognized as essential nutrient only since 1957. First used by the body in 1973. Protects human cells from cancer, heart disease and premature aging. Similar in use to Vitamin E. Often acts as partner to 'E' in its effects. Both 'E' and Selenium ambogenic, meaning both must be present to correct deficiency of either. Each also independent functions. Outstanding as antioxidant and blood pressure normalization. Anti-Keshan disease (China), removes benign breast lumps.

Iron

Organic will not destroy Vitamin 'E', Ferrous Sulfate will neutralize Vitamin 'E'.

For : Anemia, low hemoglobin concentrations (infants, pregnant women, menstruating women), burn excess fat, promote growth, improve mental alacrity, more energy, promote healthy hair, nails, skin and teeth.

Zinc

For : Healing wounds, infertility, cirrhosis of liver, alcoholism, diabetes, retarded growth, impaired sense of taste, chronic infections, impaired sense of smell, prostate trouble, sexual dysfunction, baldness (hair growth), alert brain power (zinc deficiency appears to lead to higher suicide rate in France), schizophrenia, stretch marks (women), fragile nails, relief from cadmium poisoning, regional enteritis (intestine infection), vaginal lubrication, impotency, healthy sex drive, granuloma annulare (small benign red tumors), throat cancer (protection), white spots on nails, sexual immaturity, poor appetite, hypogeusia (taste and smell), down's syndrome (mongolism), acne (British 135 mg @ day), help against infections 135 mg @ day and ulcers.

Acidophilus

Friendly intestinal bacteria.

For : Thrush (Candida) (Fungus monilia albicans) ((can grow in intestines, vagina, lungs, mouth, fingers)), after oral antibiotics which destroy beneficial intestinal flora, bad breath, constipation and foul smell flatulence.

Alfalfa (The great healer)

Contains : 8 essential enzymes. @ 100 gm = 8000 i.u. Vitamin 'A', @ 100 gm = 20/40000 i.u. Vitamin 'K'. Also has B6, E, D, Lime and Phosphorus and Vitamin 'U'.

For : Stomach ailments, gas pains, ulcerous conditions, poor appetite, as laxative, natural diuretic and arthritis (tea).

Garlic (Russian Penicillin)

For : Reduce blood pressure, bronchial congestion, asthma, emphysema, cleans blood of excess glucose, blood purifier (antibiotic effect), diarrhea, tuberculosis, intestinal infections, whooping cough, wounds, skin disease, colitis, intestinal worms, insomnia, fibrinolytic activity (clot dissolving potential), atherosclerosis, tumors, cryptococcal meningitis, flatulence, gas colic, belching, nausea, diphtheria, insect repellent and prevent aging.

Contains : Potassium, phosphorus, Vitamins B & C, calcium, protein & Selenium.

Recorded medical use goes back 6,000 years. Hippocrates gave garlic first place in his herb code X. Dioscorides, Greek Physician who was surgeon General of the Roman Armies used garlic in huge quantities.

Ginseng (Panax Herb)

For : To normalize body, general weakness, menopause, hot flashes, speeds healing of illness, combats heat stress, combats cold, resistance to over heating, high barometric pressure, radiation, tumors, poisons (Russian report), mental alertness, concentration, work efficiency, hangover, drug problems, menstrual pain, jet lag, aging symptoms, anti-infective and fatigue and impotence.

Honey & Honeycomb

Present in Honey : Iron, copper, manganese, silica, chlorine, calcium, potassium, sodium, phosphorus, aluminium and magnesium. Higher amounts are found in Dark Honey. Also a good medium for Vitamins. Give quick energy, natural gentle laxative, sedative value and anti-arthritis.

Honeycomb for disturbances of breathing tract. Chew Comb and take honey as well.

In addition to minerals there are acids : formic, acetic, malic, citric, succinic and amino. Also, carotin and the enzymes invertase, diastase, catalase and inulase. Also, B Complex in micrograms per gram and rich in proteins and fats. Aside from helping the breathing tract lining, helps hay fever etc.

Kelp (Seaweed)

Contains more vitamins and minerals than any other foods (Mindell's Bible)

For : Thyroid gland, antiseptic, corrects nervous conditions, softens hard and enlarged lymph nodes and tumors, edema, congestion, painful testicles and the heart.

Food Supplements given to their stock by Farmers in the U.S.A.

- 32 Supplements - Dairy Cows
- 29 Supplements - Race Horses
- 24 Supplements - Best Laying Hens
- 22 Supplements - Steers
- 21 Supplements - Hogs, sheep, goats, fox & mink

Livestock treated much better than children when considering health !

Rice

Vitamins in parboiled and non-parboiled rice

	<u>Par-Boiled</u>	<u>Non-Parboiled</u>
	(mg/kg)	(mg/kg)
Vitamin B1	1.31	0.61
Vitamin B2	0.39	0.24
Vitamin B3	47.04	16.33
Vitamin E	6.89	0.13

* 85% of Vitamins are lost in milling process in producing white polished rice.

<u>Symptoms</u>	<u>Vitamins</u>	<u>Symptoms</u>	<u>Vitamins</u>
ACNE	A-B6-B3-Z-E	ASTHMA	A-B6-C-PAN
ALCOHOLISM	B COMP-FA-Z-	ARTHRITIS	B COMP-E-B2-B6-A-B3
-"-	B1-E-B3-C-B2	-"-	PAN-C-DOL
ANEMIA	B COMP-B12 -	APPETITE(NO)	A-D-B6-B1-Z
-"-	FA-E-Z	ANOXIA	E-C
ARTERIES	FA-B3-DOL-E	ANTI-AGING	B2-E-DOL-MULTI V+M
ATHEROSCLEROSIS	E-DOL-C	-"-	A-B6-RNA
ANTI COAGULANT	E-C	AGINA PECTORIS	E-FA
BERI-BERI	B1	BALDNESS	B2-FA-INO-PABA
BACKACH	B COMP-C-DOL -	BLOOD CLOTS	E-DOL
-"-	E-D	BREAST CYSTS	E
BURNS(MINOR)	E-C-PABA	BURSITIS	E
BOILS	A-E-C	BONES	A-DOL-D-C
BODY ODORS	DOL-K-C	BLOOD VESSELS	E-DOL-C
BREATH(SHORT)	FA-B12-E-C	BALANCE(LACK)	B12-B6-Z-DOL-FA
BLOOD CELLS	B6-FA	BLOCK CIR'TN	E-DOL
BLOOD PRESSURE	E-DOL-B COMP-C	BRIGHT'S DISEASE	E
- (HIGH/LOW)	-	BRUISES	FA-C-E
BLADDER STONE	C-DOL-B6	BED WETTING	DOL
CONCENTRATION	B1-B12	CONSTIPATION	B1-PANT
CIRCU.COLLAPSE	B1-E-COL-FA-C	CATARACTS	B2-B6-A+D-E-C-B COMP
CHOREA	B6	COLDS	C
CHOLESTEROL(HI)	DOL-C-E-LEC-	CARDIAC PAIN	E
-"-	B COMP-B6-Z-INO	CROHN'S DISEASE	A-E-Z
CONVULSIONS	DOL	CANCER	DOL-C
CRAMPS	E-DOL	CARPAL TUNNEL	
(LEGS/ARMS)	-	-SYNDROME	B6
COLON CANCER	E	CORONARY -	
CIRRHOSIS OF		THROMBOSIS	E
-LIVER	C-Z-INO-B COMP	CYSTIC FIBROSIS	MULTI-E-Z
CADNIUM POISON	Z	CALLUSES(FOOT)	A-D-E
CELLS OF BODY	E	COLLAGEN DISEASE	C
-GROWTH/PROTECTION		CYSTS BREAST	E
CEROIDS	E	-WOMEN	
DEPRESSION	B1-B COMP-FA	DIARRHOEA	B2-B6-C-FA
DANDRUFF	B2	DIURETIC	B6-E
DROPSY (EDEMA)	B6 -E	DIABETES	E-B2-Z
DETOXIFYING		-(HELPFUL)	B6-BR.YST FIBRE
- AGENT	C	DYSMENORRHEA	C-B COMP-KELP-E-DOL
DIZZINESS	FA	DIAPER RASH	A-D-E-LEC
DIABETES	C-E	NIGHT BLINDNESS	A-E
XEROPHTHALMIA	A-E	CATARACTS	C-B2-B6

Symptoms	Vitamins	Symptoms	Vitamins
BLOODSHOT EYES	B2-FA	BURNING EYES	B2
LIGHT SENSITIVE		NEAR SIGHTED	E
- EYES	B2-INO	ENERGY	E-B6-B COMP
EPILEPTICS	DOL-CHO-B6-D	ELECTRICAL SYSTEM	DOL
ENLARGED HEART	B1	EDEMA(DROPSY)	B6 (25-200MG)-B COMP
ECZEMA	PABA-B6-D-BIO-	EMOTIONAL STABILITY	E
-	INO-LEC-B COMP	EYE IRRITATION	
EMPHYSEMA	E-C-A-B15-SEL-	FROM CONTACT LENS	A
-	GARLIC	FATIGUE	C-B1-B2-E-FA-B3-D-B6
FEVERS	DOL-C	FEVER BLISTERS	B6
FEET-BURNING	PAN-B6	FLU	C
GUM BLEEDING	C-DOL -D-B6	GLOSSITIS(TONGUE)	B2-B COMP
GALL STONES	A-DOL-C-B6	GROWTH	C-Z-A
GOUT	E-B COMP-A-	GRANULOMA	
-	B5-C-FA	-ANNULARE	Z-E
GOITRE	IODINE-KELP	HEART	E-DOL-B1-FA
HAIR	B-COMP	HAIR LOSS	B6-Z
HAIR DRY/BRITTLE	A	DANDRUFF	B2
HAIR GROWTH	E	HEALING WOUNDS	
HEADACH	DOL-FA-B3-B6-	- SCARS	E-C-Z
-	PABA	HIGH BLOOD PRES	DOL-B3-E
HEMMORROIDS	B6-DOL	HYPOGLYCEMIA	CAL-MEGA VIT
HEPATITIS	C-E-MULTI	HERPES SIMPLEX	B6-B COMP-Z-C
HERPES ZOSTER	A-B COMP-C+BIO-	HYPER ACTIVITY	B3-MAG(EP-SLT)
-	D	HAY FEVER	A-E-C
HYPOGEUSIA	Z	INFECTIONS	A-C-B6-Z
INSOMNIA	B3-DOL-B12-INO	INFERTILITY	E-Z
IMPOTENCE	E-Z	LIVER DISEASE	E-Z-INO
LIP INFLAMATION	D	LEG CRAMPS	DOL-E
LIVER PROTECTN	E-C	LEUKEMIA	THERAGRAN M-C-
MENOPAUSE	E-DOL-B COMP-	-	B6-E-DOL-FA
-	D	MENSTRUAL DISTB	E-FA-DOL
MUSCULAR		MISCARRIAGES	E
-DYSTROPHY	E	MIGRAINE	B COMP-DOL-FA-C-B6-
MENSTRUAL		-	B3-Z
- CRAMPS	DOL-E	MULTIPLE	
MASTITIS	E	- SELEROSIS	E
MILK SUPPRESSANT	B6	AMENORRHEA	B6-FA-Z-C-E
MUSCLE SPASM	B6-DOL	MEMORY	LEC-Z-B6-B5-B1-FA
MSG SYNDROME	B6	NERVES	B1-DOL
CENTRAL NERVE		NEURITIS	DOL-INO
- SYSTEM	B12	DEPRESSION	B6
PERCEPTION	B6	CONCENTRATION	B COMP
NUMBNESS	B COMP	MEMORY	B COMP
SCHIZOPHRENIA	B3 -B6-C-E	HYPER ACTIVE	
ULCERS	B6	- CHILDREN	B3-MAG
PSYCHIATRIC		CHOREA	B6
- PROBLEMS	B6	ELECTRICAL SYS	DOL
ST. VITUS'S DANCE	B6	NAUSEA	B6-DOL
NAURITIS	B6-B COMP	NEPHRITIS	E-DOL
NAILS FRAGILE	Z-KELP-IRON	NAILS YELLOW	E
-(WHITE SPOTS)		NAURALGIA	B COMP
OSTEOMALACIA &		PELLAGRA	B3
OSTEOPOROSIS	D-DOL	ODORS, BODY	DOL
PROSTATE	DOL-Z-C-E	POLIO	DOL-B COMP-C

Symptoms	Vitamins	Symptoms	Vitamins
PARKINSONISM	B6	PSYCHIATRIC PROB.	B6
PARALYSIS	B6	PALPITATIONS	FA-DOL
PERNICIOUS	B12-FA	PYORRHEA	D
PREMENSTRUAL		PEPTIC ULCER	E
- TENSION	DOL-E	PSORIASIS(SKIN)	E
PHELBITIS	E-DOL-C	PURPURA	E-C
POLYNEWRITIS	B COMP-B1	POST-PILL	
PAP SMEARS	FA	SYNDROME	FA-B6
PILL USERS	B1-B6-FA-E-C-	POISON OAK/IVY	
-	KLB 6	-STING JELLY FISH	C-E-B5-DOL
PRICKLY HEAT	C-MULTI M-B	PUCKER LINES	
-	COMP	- MOUTH	B2
PURPLE TONGUE	B2	PIGMENTS(CEROIDS)	E-B3-FA
RICKETS	D-DOL	RADIATION	
RHEUMATISM	B6-DOL	- SICKNESS	B6
RADIATION BURNS	E + E OINTMENT	RHEUMATIC HEART	E
RHEUMATOID		REGIONAL ENTERITIS	Z
- ARTHRITIS	C-Z	RETINITIS PIGMENTOSA	A
SCURVY	C	SCHIZOPHRENIA	B3-C-B COMP
SEXUAL		SCAR HEALING	E = E OINTMENT
- DYSFUNCTION	B3-E-FA-Z	SCAR FORMATION	E
SLOW AGING	E-DOL-C-RNA-	SLEEP (BETTER)	DOL
-	DNA-Z	SHORT BREATH	B12-FA-C-E
ST.VITUS'S DANCE	B6	SYPHILITIC	B12
'SKIN BLEMISHES	A-B COMP-LEC-	STRESS	B COMP-B2-C
-	Z-B6-D-C	STOMACH ULCERS	FA
SHAKES	DOL-B6	SUNBURN	DOL-PABA-C-E-B6
SOFT BONES	D-DOL	SKIN(PSORIASIS)	E-C
SKIN PIGMENTS	PABA-FA-B3-Z-	SCALP	E SHAMPOO-D-A
-	C-B6	SKIN CANCER	C-E-B6
STRETCH MARKS	Z-B COMP-C-E	STOMACH UPSET	
STROKE	MULTI V-E-C-DOL	-CAR/AIR/SEA	B6
SICKLE CELL		SEX DRIVE !	Z-E
- ANEMIA	FA	TOXEMIA	B6-E
TIRENESS	D-E-B6	TONGUE	
TEETH	A-DOL-C	-INFLAMMATION	D-FA-B3-B2
TWITCHING	DOL-B6-B COMP-	TRANQUILIZER	E-DOL
-TICS/TREMORS	POT	TEETH (DENTURES	
THYROID GLAND	B2-KELP	-DISCOMFORT)	C-B COMPLEX
TIC DOULOUREUX	B1-B COMP-DOL-	TUMORS,BENIGN	E-Z-SEL
-	B6-POT	TRENCH MOUTH	B3-B COMP
TEETH GRINDING		ULCERS	B6-FA-C-Z-A
-AT NIGHT	DOL	ULSERATIVE	
ULCER OF LEG	FA	- COLITIS	B12-E
URIC ACID	FA	VARICOSE VEINS	E
VASCULAR DISEASE	E-DOL	VAGINAL DRYNESS	A-E-Z
VITILIGO(SKIN PIG.)	PABA-B COMP-B5	WOUND HEALING	E OINTMENT OR
WEIGHT (OVER)	INO	-	INTERNAL-C-Z
WRINKLES	E	WHOOPING COUGH	GARLIC OIL
WERNICKE-			
KORSAKOFF			
SYNDROME	B1		

GENERAL HEALTH

<u>BREAKFAST</u>	Multi Vitamin with Mineral, 1500 mg Vitamin C, 1 Dolomite, 200 i.u. Vitamin E
<u>LUNCH</u>	500 mg Vitamin C, 1 Vitamin B Complex, 1 Vitamin B50, 200 i.u. Vitamin E
<u>DINNER</u>	500 mg Vitamin C, 200 i.u. Vitamin E, 1 Dolomite
<u>BED TIME</u>	2 Dolomite

CUT DOWN > White refined sugar, white bread, white polished rice, salt, oil, processed foods, preservatives and smoking !

